

Insight Prioritizing Green: It's The Energy Stupid*

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* Credit to architect Edward Mazria; I think he said this first, if he didn't say it first he sure says it well.

Many “green” buildings don’t save energy (see **“MIS-LEED-ING” sidebar**). Why? They have too much glass, they are over-ventilated, they are leaky to air, they are fraught with thermal bridges and they rely on gimmicks and fads rather than physics.

Basically, the current green and sustainability craze can be summed up as architects and engineers behaving badly. The good news is that most of this nonsense can be easily remedied when adults finally get involved. The bad news is that the failures are beginning to bubble to the surface and we are in danger of ruining the “green brand.”¹

Before you can have a “green” building you need a building first. Presumably this building needs to be able to stand up, not be blown away in a hurricane, not fall down in an earthquake, not burn, not leak rainwater, not be moldy, not rot, not corrode and otherwise be able to meet applicable building codes such as having a basic provision for ventilation like that specified by Standard 62.1.

So what's with all these “green” programs providing “points” for “durability” and “indoor air quality”? I mean it's pretty pathetic if we have to reward architects and engineers when they provide details and

specifications that should be basic to fundamental practice. If you design and install a controlled ventilation system that meets Standard 62 you get points. You get more points if you keep the rain out and design the building to dry if it gets wet. And you get still more points if the occupants are actually comfortable. Aren't these code requirements? Shouldn't these be “the standard of care”?

Have we architects and engineers sunk so low that we now get points if we meet basic building requirements that all buildings should meet in order to be called buildings?

Green programs waste a lot of time and money on stuff that is obvious and more time and money on stuff that is irrelevant or unimportant.

How about focusing on stuff that is important? It's become “all about the points” and the important stuff gets ignored. Chasing “green points” doesn't get you good buildings that are truly green. You can get a Leadership in Energy and Environmental Design (LEED) rating and not save any energy compared to traditional buildings. How can that possibly be green?

How To Be Green So, let's start with a basic requirement that we need a building that meets code and the standard of care. That would be a building that is structurally sound, is fire-safe, has a controlled ventilation system, does not leak rainwater and is comfortable. No points for this. This is what the minimum requirement for a building should be.

Now what's next? That's pretty easy. It's energy. What are the two greatest challenges facing the Republic since the pesky British at Bunker Hill and Robert E. Lee leading the Confederate Army? Global warming and energy security. The key to both Global Warming and Energy Security is energy conservation. Architect Edward Mazria likes to say “architects control the global thermostat.” I think he is right.

Show me a building that meets code and the standard of care and saves energy and I will show you a green building. A “real” green building, not a social statement that saps money, time and resources from the real problems facing the planet.

You want to save serious energy and serious money? Easy, use less glass. Windows and curtain walls are the

¹ “Michael Zatz, manager of the commercial building program for Energy Star, an EPA program to promote energy-efficient products and practices . . . says Energy Star has a user-support line that gets calls from green-building owners and managers who are disappointed in their building's energy performance.” (4)

most expensive component in a building and provide the worst energy performance. The more you use the more energy and money you burn. Limit the

glazing area to approximately 30 percent—and use really good glass and frames (**Figure 1**).

Figure 1: Enclosure R-value versus Glazing Ratio. Bottom line is use less glass and use good glass and frames. Chart is courtesy of John Straube (6). Bad glass ruins good walls. Rock beats scissors, paper beats rock...

The impact of thermal bridging through commercial wall assemblies, and heat flow through window systems can be calculated with relatively good accuracy by calculating an area-weighted average of the R-values of the windows and opaque wall sections. The equation takes the form:

$$U_{\text{overall}} = (WWR * U_{\text{window}} + (1-WWR) * U_{\text{wall}}), \text{ where } U = 1/R.$$

The results of a number of scenarios are plotted in the chart at right.

Typical curtainwall systems have an R-value of only 2 or 3, with "high performance" systems (not shown) using highly insulated spandrel panels and best-in-class double glazing may achieve R-4. Only a few systems, such as the Kawneer 7550 series, can achieve R-values of 6 or more.

Curve 1 above is for standard $U=0.50$ thermally-broken aluminum punched windows with air-filled double-glazed insulated glazing units in a R-12 batt-filled steel-stud brick veneer wall system (R-6). The overall effective R-value of this wall is around 3-to-4 over the normal range of window-to-wall (WWR) ratios of 25 to 50%.

Curve 2 shows that increasing the R-value of the wall to R-11 by adding an inch of foam on the exterior, results in an increase of only R-0.5 to R-1.5 for the overall R-value for the same range of WWR.

Curve 3 shows how significant an impact window performance can make if a good wall is provided. An externally insulated R-16 wall, when mated with poor windows produces a vertical enclosure with an R-value of only R-3 to R-6 for the normal range of window area.

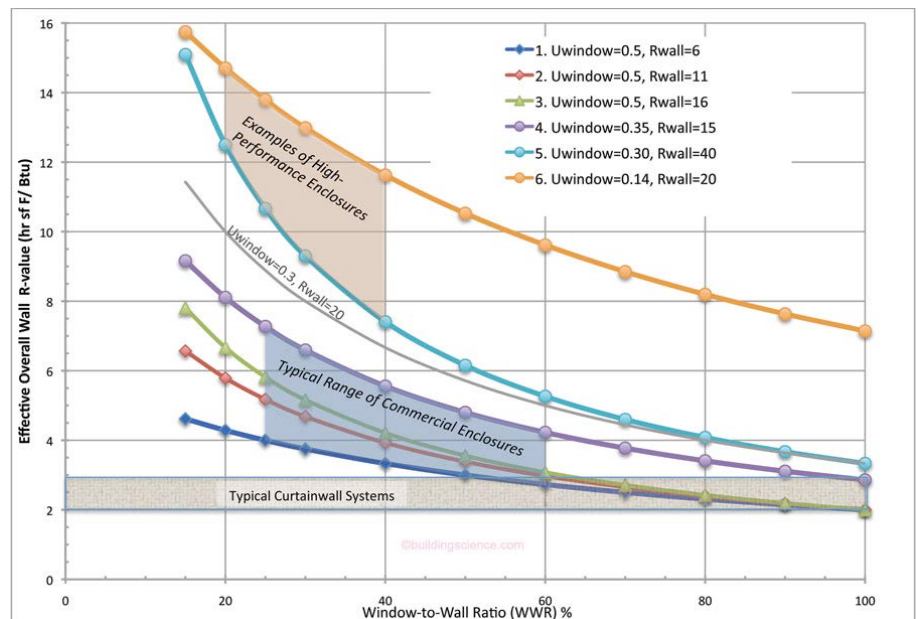
Curve 4 assumes a good quality window frame with top quality glazing (low-e, argon-filled): the result for the overall vertical enclosure is still only R-4 to R-7.

These first four curves cover the performance of a wide range of commercial enclosures with a wide range of cladding types. The conclusion is that modern commercial vertical enclosures actually have an R-value that is rarely over 7, and more likely in the range of 3-to-5!

Curves 5 and 6 provide an idea of the significant improvements that are possible. Using best-in-class thermally broken aluminum frames and high-performance glazing ($U=0.30$), **Curve 5** shows that even with an R-40 wall, the overall R-value will be in the 7-to-12 range for WWR of less than 40% (the highest ratio recommended for high-performance buildings). Even though this is a low-level, it is still about significantly more than the alternative. The grey curve below **Curve 5** shows the slight benefit gained by increasing wall R-value from 20-to-40, particularly at high glazing ratios.

Curve 6 employs low-e, argon-filled triple-glazed units in an insulated fiberglass frame, to deliver a U-value of only 0.14. Even with a wall insulated to "just" R20, such a combination can deliver an overall R-value of 12-14, two to three times more than typical commercial vertical enclosures.

In all cases, it can be seen that high glazing ratios generate enclosure walls that are expensive to purchase with very high heat loss and heat gain. This high ratio should be avoided in both individual spaces, such as meeting rooms, as for the whole building on average.



Mis-LEED-ing The reason we have lots of Greek symbols associated with statistics is that the ancient Greeks had figured out a lot of statistics and other sciences, including means and medians. Statistics really took off in 1600s England. Four hundred years ago an English statistician would have immediately recognized that it is really stupid to compare the median of one set of things to the average of another set of things. Of course if you were interested in trying to hide stuff you could try that approach and hope that no one noticed. Well, a bunch of folks noticed and put the US Green Building Council (USGBC) on notice.ⁱ

Let's start with a basic discussion of statistics and then progress to a more complex discussion of politics.

Let's say you have a collection of things—a "distribution". The medieval English found that there are many useful values within a distribution. Some of these would be the "minimum," the "first quartile" (i.e. 25th percentile), the "second quartile" (i.e. 50th percentile), the "third quartile" (i.e. 75th percentile), and the maximum. It is important to note that none of these values relate directly to the total of all of the numbers, or to the sample size. Now pay attention here, the second quartile has a special name; we call it "the median."

The medieval English and others also went on and defined a bunch of different "means." One of the best known is the "arithmetic mean." Most of us call this the "average." It is the value that when multiplied by the number of "things" (i.e. the sample size) gives you the total sum of the value of all of the "things." Civilians, and most of us, relate to "averages"—the "average" of something resonates with people. Let me put it more bluntly, people are really interested in "averages" as in "the average energy consumption of a bunch of buildings is this." Our children and grandchildren, for example, are much more interested in our means, and won't give a damn about our medians.

The median and the mean both have the property that they will be somewhere between the minimum and maximum values of a distribution. Beyond that they have nothing to do with each other. Let me repeat the "they have nothing to do with each other" part. It will be important later on.

For hundreds of years it has been known that some distributions are better characterized by medians rather than means. Fair enough. However, given that the two statistics have nothing to do with one another, when comparing one distribution to another it is not possible to make meaningful comparisons using the median of one and the mean of another. In a comparison of distributions you either have to use the mean or use the median as the

Then don't over-ventilate. This idea of getting green points by increasing the rates above those specified by ASHRAE Standard 62 is just madness. Whatever happened to source control? If you don't build stupid materials into the building, don't do stupid things in the building and don't connect the interior to exterior via the parking garage, 62 works very well.

Next, build an enclosure without big holes. Build tight, ventilate right. Tight is 2.0 l/s/m²@75Pa (1). Right is ASHRAE Standard 62. How complicated can that be? Except we don't do it.

Moving on, don't insulate steel stud cavities; insulate them on the outside. Most of the time all that you will need is R-10 of *continuous* exterior insulation (that's between 1.5 and 2 inches of rigid insulation).

And don't use supply or return plenums—use something called "ducts" to avoid air quality problems and to ensure air goes where you want it.

How Not To Be Green Once we get an enclosure, we can then condition it. Note to architects: before you can control air you must first enclose air. The enclosure comes first and is more important than all the systems within it. Mechanical engineers—all call themselves green—all claim to do green design but when push comes to shove few of them want to do the additional work necessary to design a mechanical system matched to a high performance enclosure—they want their money for nothing and their chicks for free. Of course not too many clients actually want to pay the engineer for the design—and if the money is spent it is often wasted because the enclosure is bad. You can't make a building green by having the mechanical engineer try to compensate for stupid building enclosure design.

What's "green" about under floor supply plenums? How do they save any energy? They sure as heck don't contribute to indoor air quality – they make it worse. Do you want the breath air delivered in a ductless void under the floor than cannot be cleaned? You ever been in one? They are under everything—duh—so stuff collects in them. They have to be cleaned, but you can't clean them because you can't easily get at them and you can't easily clean them even if you get at them because they are filled with services and so they are filthy. And they are expensive. The building has to be taller. That burns up resources and money. But it's green. Says who? More

Mis-LEED-ing (continued from page 4)

NBI compared the LEED median to the CBECS mean. Big, giant mistake, one that will haunt the report authors for a long time. If you compared means alone (i.e. averages) you could say LEED buildings performed about 15 percent better than typical buildings constructed at the same time. But that is misleading considering the scatter of the data. Let me repeat, LEED buildings are not statistically different than typical buildings, even though their mean is around 15 percent better (kind of like how a political candidate can be 3 points ahead but have it be a statistical dead heat). Aren't statistics great? Anyway, the number is certainly not 24-to-33 percent better. And even if NBI's claims for LEED were true, 30 percent energy savings for what is supposed to be the vanguard green program in the US is not very inspiring. Come on folks, we have to do better.

Someone had to play with the numbers to make the storyline work and that is just plain misleading. And, surprise, surprise the guy who blew the whistle is getting trashed.

So what does this mean? Let us translate—the LEED buildings did not conclusively save any energy compared to typical buildings built at the same time.^{iv} This is not good.

LEED needs to be fixed. Manipulating a bunch of statistics to hide behind does not save any real energy. Let's fix the problem and save some energy

Where to start? Easy. Ask a few simple questions. How big is my building? Where is it? What is going on inside of it? How much energy did it use compared to a similar sized building in a similar location with a similar occupancy built to standard practice? If you can't show any energy savings for gods sake shut up and take your points and stick them where the sun doesn't shine. Okay, that is a little bit harsh. So what do we need to do to make the energy savings real? We have to start making the right design decisions at the front end, but we also have to be keeping track of how well we are doing on the back end so that we can continue to improve. Right now we are doing neither.

- i Henry Gifford of New York City looked at the reported results and started asking questions. Hard questions. And the predictable response? A not so quiet campaign to discredit the messenger rather than address the questions raised. Questioning the orthodoxy of the Green movement is not a particularly smart career move. Not too many principled men and women around anymore. Well done, Henry.
- ii Google "LEED" and you get: "Build green with LEED, www.usgbc.org. Sustainable building saves energy & money. Learn how with USGBC." Apparently LEED buildings do neither. They are certainly not cheaper.
- iii The plot was created from data provided to Bill Rose by Cathy Turner of NBI with the permission of the USGBC. The USGBC says publicly they have nothing to hide. Great start to resolving the problem. A lot of us are pretty peeved (not Bill Rose, he doesn't get peeved) at the attitude from the USGBC so we developed our own attitude. This release of data goes a long way to ratcheting down the tension. After our side vents a little bit we both should get on with the business of getting better buildings. The statistical analysis was done by Paul Francisco.
- iv Think about what is happening behind all of the numbers. The building codes use ASHRAE Standard 90.1 to establish a "floor" or minimum for energy performance. Very few buildings, if any, are built to go beyond the building code minimums so the CBECS plot is really a plot of ASHRAE 90.1. LEED uses ASHRAE Standard 90.1 to establish a target. Guess what? The target appears to have been met. The "target" resembles the "floor." There should be no surprise that the two data sets are pretty much the same. So how to fix this? Many folks, including the ones who helped me with this column feel that the problem is only partially LEED—they feel the real problem is ASHRAE Standard 90.1. I am not completely there yet. But the folks at Standard 90.1 are getting pretty hard to defend when they go out and say that airtight building enclosures do not save energy and airtightness standards have no place in 90.1. Fixing LEED might best happen while also fixing ASHRAE 90.1.

money, more energy, more resources and more problems. What's green about that?

You want to have some fun? Go ask the folks at the General Services Administration (GSA) about how they feel about under floor supply plenums. While you're at it also ask them about computational fluid dynamics (CFD) and passive ventilation and San Francisco's Federal Building. They won't be able to say much because the ongoing employee litigation has them under a gag order. Go to Google and the Internet and enjoy. Or how about Seattle's new LEED city hall, which turned out to be a dog? Then we have Sir Norman Foster's London City Hall—supposed to be the greatest greenie public building ever. It just got rated an "E" on the efficiency

scale that runs from A to F based on just released utility consumption. Apparently, the lunacy is not limited to this side of the Atlantic.

Double façades? Green? What's with that? I thought we killed that dumb idea after all the nonsense associated with "double envelope" houses in the 1970's.² It seems that really dumb ideas keep coming back every other generation—typically after the generation of adults that

² What a weird decade—not only did we have double envelope houses but we also had leisure suits and the "Bionic Woman." With double façades in vogue and the Bionic Woman* back on network TV can leisure suits be far behind?

* With the double facades, we can rebuild them, we have the technology, we can make them warmer, cooler, more comfortable, cheaper . . .



Photograph 1: Hooker Chemical Company—The folks that brought us the Love Canal also brought us the first double façade building in the United States in the 1970's.



Photograph 2: Mind the Gap—More Hooker Chemical Company building double façade. Not a heck of a lot more to needs to be said here. The population of a small village could live in this space.

dealt with the dumb idea the first time around retires (**Photograph 1** and **Photograph 2**).

Here is the general premise behind the double façade. The outer façade creates a buffer space between it and the inner façade tempering the environment the inner façade sees. So we have to build two walls—not one—an outer wall and an inner wall with a bunch of space in between. Seems to me that if you built the inner wall correctly you don't need the outer wall—and vice versa. We call that a “duh” where I'm from. And then you get to use the space between them because there is no space between them—it is all inside—we call that rentable

floor area where I'm from. Double facades are a low energy way to provide an all glass enclosure, but they always use more energy than a decent façade with less than 100 percent glass. Why ever go there?

Oh, I forgot about all the passive ventilation “magic” that happens between the two facades and the operable windows you can have between the inner façade and the “magic” space. All brought to you with the precision and predictability of computational fluid dynamics (CFD) and the stack effect. Emswiler (2) and Hutcheon (3) are rolling over in their graves and Shaw and Tamura (4) are none too pleased. I call on the ghosts of building science past to rise up and put a pox on all your houses.

I have got news for all you façadists—you can have operable windows in a single façade and you can get a lot more control and predictability with things called fans, ductwork and controls. Oh, by the way, you can get it at a lot less cost, using a lot less materials (i.e. “resource efficiency”) and using a lot less energy. But, but, fans use energy—it's not natural to use fans. The other way, the “magic” way uses “natural” forces that are good because nature is good and man is inherently evil. Didn't we have this argument over two hundred plus years ago with a dead French guy called Rousseau? If we taught architects more physics and less philosophy they wouldn't fall for this garbage—and while I'm at it shame on you engineers for using bad physics to deceive gullible architects.

Green roofs? Grass and dirt are not energy efficient. Work with me here. Which saves more energy—2 inches of dirt or 2 inches of insulation? Which saves more energy—grass or a white colored membrane? Which is more expensive and does not save energy—grass and dirt or insulation and a white colored membrane? Which needs to be watered to keep the grass from dying and blowing away? But they are beautiful and look cool. And that apparently is more important than cost and energy savings. Okay, I can live with the beautiful and looking cool argument if that is in fact the argument—but don't clutter it with half-truths such as heat island effects and water run-off. There are other ways to deal with each.

I know I will not win the argument on green roofs, so my advice is to at least build the green roofs correctly. In the “green world” folks sometimes get so pre-occupied with “green materials” that they forget that at the end of

the day the assembly still has to work (**Figure 2** and **Figure 3**).

And enough with the awards before a building is built and the performance is verified.³ Award plaques should come with removable screws.⁴ Show me the utility bills. Compare the building to a building of similar size and similar occupancy in a similar climate.

And if you don't show any savings—shut up. You can't be "green" if you don't save any energy. Don't talk to me about biological diversity, recycled

3 Larry Spielvogel was right about this—he got trashed when he had the audacity to question the claims of energy savings based on computer simulations—a.k.a. "Nintendo Engineering," as one Fellow to another—you done good big guy.

4 This idea is from the irrepressible Henry Gifford, New York City, NY. Yo, you talking to me?

materials, and natural ventilation until after you have saved the energy. Spare me the social engineering and the smaller is better and how we all have to share the planet and how we are all equal until you have saved the energy. Don't talk to me about carbon off-sets until you have saved the energy. You need some carbon savings before you can trade any (the Kyoto protocol requires that the carbon credits be verified, i.e. a piece of paper saying we intended for there to be carbon reductions doesn't do it). Save one and you can trade one. Don't build an award winning energy pig and say you are green because you planted some trees in Zaire and brought clean water to a village. Those are all good things but they mean nothing to me because you still have a poor building.

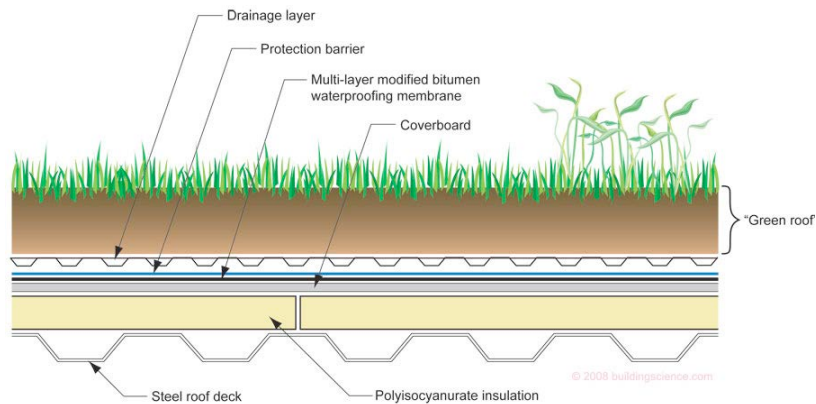


Figure 2: Bad Green Roof—The insulation is under the membrane. This is bad. The insulation can collapse and loose support for the membrane. The membrane can tear and leak. The reason for this bad design choice is often a preoccupation with the "greenness" of the blowing agent of the rigid insulation. Successful green roofs have historically used extruded polystyrene (XPS). XPS can get wet and still perform. The blowing agent of XPS is arguably not the "greenest of the green." Unproven "green" blowing agents used with polyiso-cyanurate insulation seem attractive at first blush, but insulation assemblies need to be protected from water and hence the location under the membrane and the structural loading of the overbuild assembly needs to be taken into account.

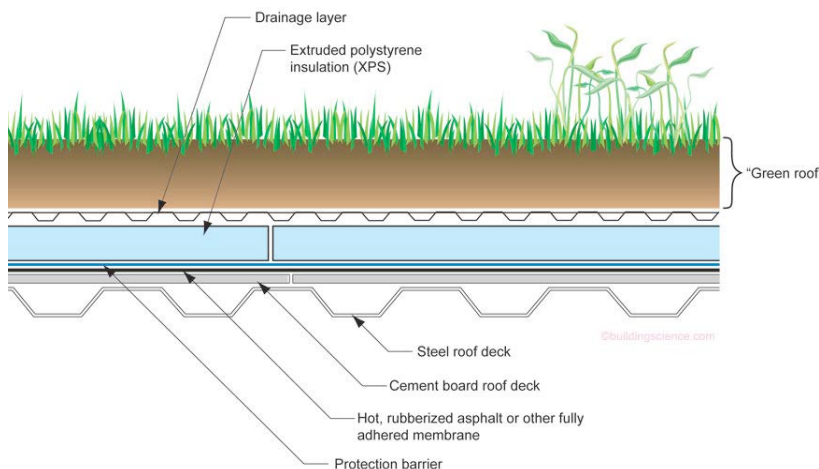


Figure 3: Good Green Roof—The insulation is over the top of the membrane. This is good. This configuration has a multi-decade track record.

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Royal Building Scientist: Charles questions 'green' buildings

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Quoted from: <http://www.climateark.org/shared/reader/welcome.aspx?linkid=108119&keybold=carbon%20consumption>

The Prince of Wales has criticised the "green building industry" for relying on eco-gadgets like wind turbines and solar panels to justify inefficient buildings.

The Prince called on developers to use traditional methods and materials alongside the best in "eco-technology" to solve the problem of creating environmentally friendly properties instead of opting for "slick, highly marketed techno-fixes".

His comments received a mixed welcome from Paul King, chief executive of the UK Green Building Council, who said they would provoke a healthy debate but risked undermining the efforts of the UK's emerging green building industry.

In the foreword to a green supplement in the magazine House & Garden, the Prince wrote: "Why, I must ask, does being 'green' mean building with glass and steel and concrete and then adding wind turbines, solar panels, water heaters, sedum roofs, glass atria - all the paraphernalia of a new 'green building industry' - to offset buildings that are inefficient in the first place?

"That many of these add-ons are mere gestures, at best, is now clear, as their impacts on home energy consumption can now be measured and usually offer scant justification for the radical nature of the design."

Experts believe small-scale energy generation can help in the push for more renewable energy with businesses, communities, schools and homes playing their part by installing items like solar panels for heating, biomass boilers and combined heat and power supplies.

In December last year, the Government outlined a multi-million pound Government scheme to fund schools to install renewable energy sources such as wood-burning boilers, wind turbines and solar panels to cut carbon emissions.

Charles added: "We must act now, by using traditional methods and materials to work with nature rather than against her, while incorporating the best of contemporary eco-technology in an integrated and sympathetic manner."

Speaking about the Prince's comments, Mr King said: "In a way he is right - there are examples of high-profile buildings being passed off as 'green', when the most important thing is to reduce environmental impacts through good design in the first place.

"However, he risks undermining the efforts of UK's emerging 'green building industry', the vast majority of whom are designing an increasingly large number of fantastic buildings - not just environmentally sound, but excellent architecture in their own right."

Typical Reaction from the Architects

Attack the messenger rather than fix the problem. Criticism of any kind is bad because "green" is good; don't criticize green because that would prevent people from adopting green. The most interesting thing is that Prince Charles actually "gets it" but his rather astute observations are downplayed! —JWL

