



University of  
**Waterloo**



## High Performance Enclosures

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Building Science Corporation

BuildingScience.com



## Goal

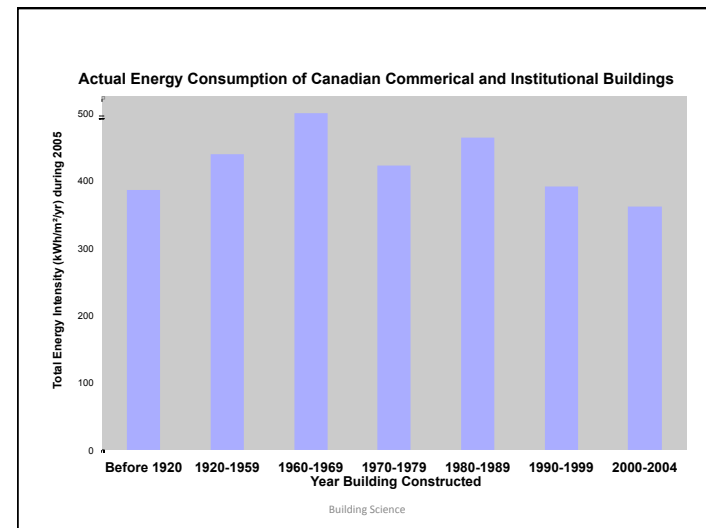
- “provide Canadian Architects with the knowledge and new design solutions required to design energy-efficient building enclosures (roofs, walls, foundations, windows and doors) appropriate for net-zero energy buildings.”
- This means 70-90% reductions in energy use
- Perhaps half of this can be achieved by enclosure, half by mechanicals/electrical

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## Outline

1. Form size and massing
2. Enclosure *principles*
3. Example enclosures
4. Details, penetrations

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# Design Principles



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## Buildings: Why do we Build?

- To keep the wind, sun, rain, snow, heat, cold, dust, bugs, animals, and nasty people outside.
- But we let in some things
  - Nice people, pets, sunshine, daylight, clean air, clean water, supplies
- And let some things out
  - Views, polluted water and air

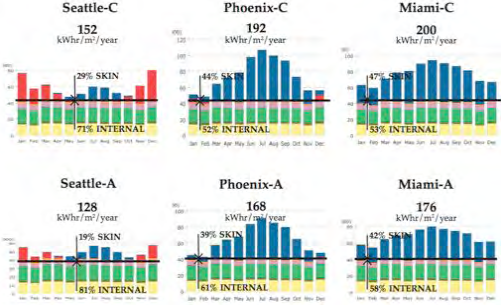
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## Enclosures in Context

- Enclosures **reduce** space heating/cooling
  - and help with lighting, ventilation
- We still need **energy** for other things
  - Lights, appliances, computers, elevators, etc
- Still need to provide some **HVAC!**
- Hence, good mechanicals and renewables will *also* be needed for net zero
- Great enclosures reduce demand & hrs of operation

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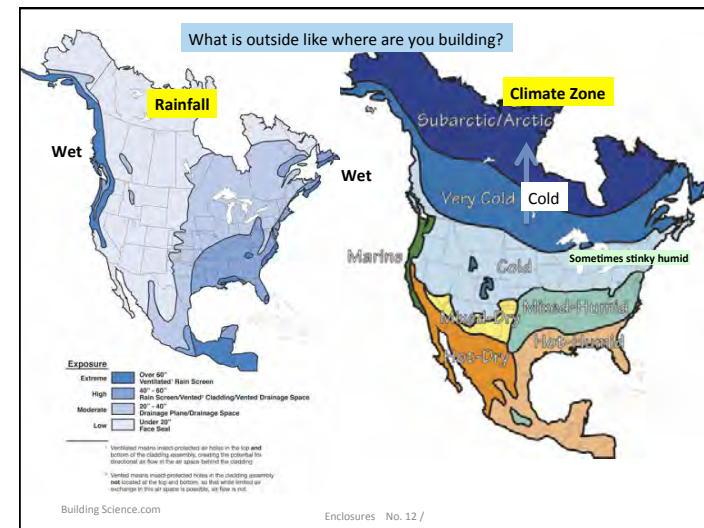
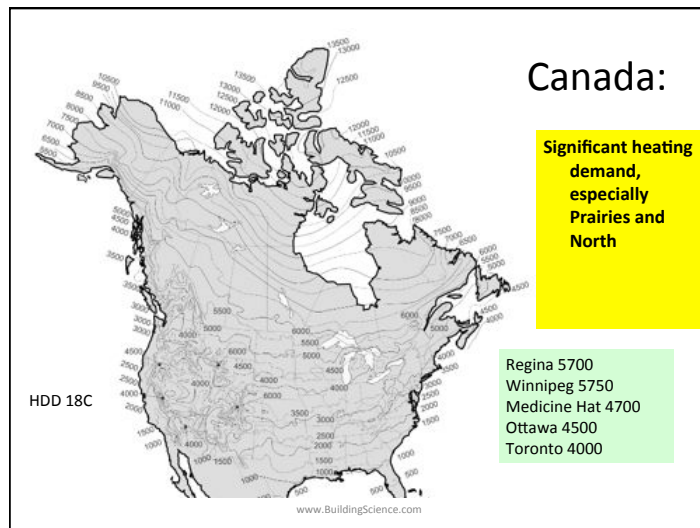
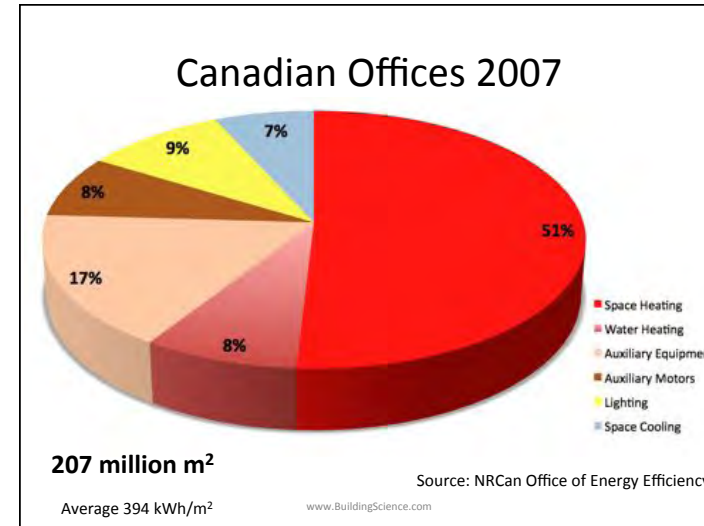
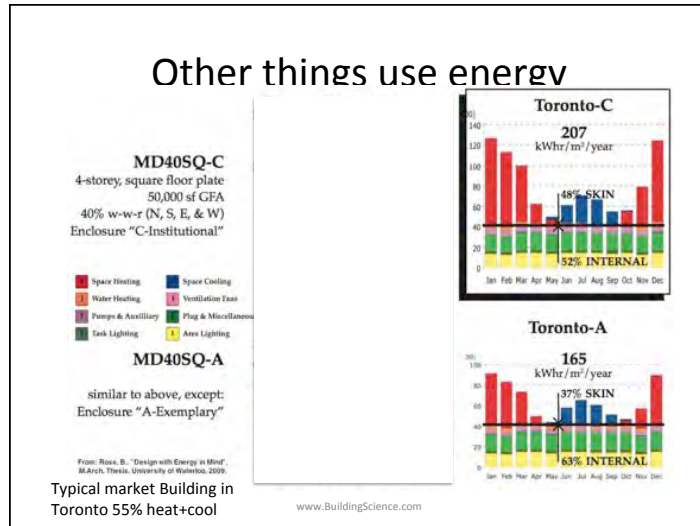
## Climate matters



City	Context	Total Energy Demand (kWh/m²/year)	SKIN (%)	INTERNAL (%)	HVAC (%)
Seattle	C	152	29%	71%	0%
Phoenix	C	192	44%	52%	4%
Miami	C	200	47%	53%	0%
Seattle	A	128	19%	81%	0%
Phoenix	A	168	39%	61%	0%
Miami	A	176	42%	58%	0%

- Beware architecture magazines

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## Top Ten List

Commercial and institutional mid-size buildings, Canadian climates

- **Limit window-to-wall ratio (WWR)** to the range of 20-40%, 50% with ultra-performance windows
- **Increase window performance** (lowest U-value affordable in cold climates, including frame effects)
- Increase wall/roof **insulation** (esp. by controlling thermal bridging) and **airtighten**
  - Separate **ventilation** air supply from heating and cooling.
  - Use **occupancy** and **daylighting controls** for lights and equipment
  - **Reduce** equipment/plug & lighting **power densities**
  - Don't over ventilate, use **heat recovery & demand controlled ventilation**
  - Improve boiler and **chiller efficiency** & recover waste heat (eg IT rooms!)
  - Use **variable speed controls** for all large pumps and fans and implement **low temperature hydronic** heating and cooling where appropriate.
- Use a simple and compact building form, oriented to the sun, with a depth that allows daylight harvesting.

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## The Enclosure: An Environmental Separator

- The part of the building that physically **separates** the **interior** and **exterior** environments.
- Includes all of the parts that make up the wall, window, roof, floor, caulked joint etc.
- Sometimes, interior partitions also are environmental separators (pools, rinks, etc.)

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Enclosures No. 14 /

## Climate Load Modification

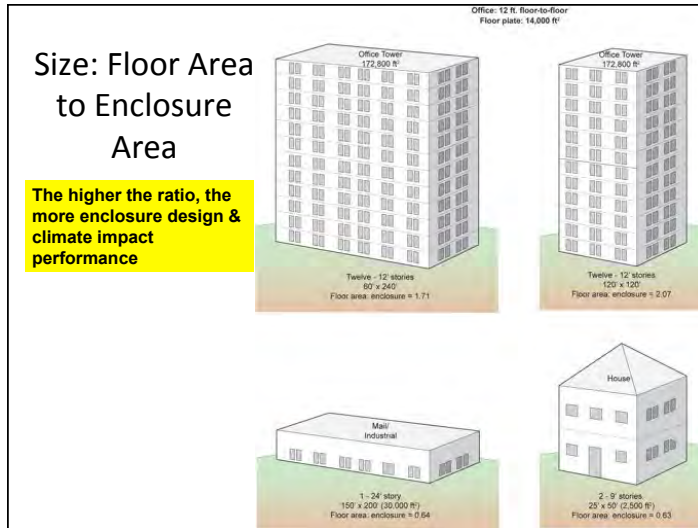
- Building & Site (overhangs, trees...)
  - Creates microclimate
- Building Enclosure (walls, windows, roof...)
  - Separates climates
  - Passive modification
- Building Environmental Systems (HVAC...)
  - Use energy to change climate
  - Active modification

## Form & Massing

- Keep it simple
- Cheaper, easier, faster
- Fewer
  - thermal bridges, air leaks
  - Material volumes
  - construction challenges



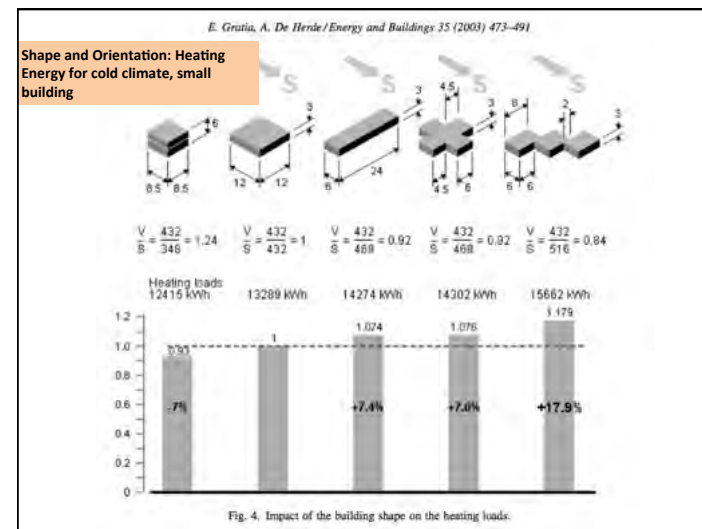
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**Enclosure Area**

- Heat Loss: Surface Area /  $R_{avg}$  + air leakage
- House SA: FA = 2:1
  - If  $RSI_{avg} = 3$  then
    - = 1/3 W/C/ m<sup>2</sup> enclosure
    - = 2/3 W/C/ m<sup>2</sup> floor area
- Office SA:FA = 0.5:1
  - If  $RSI_{avg} = 1$  then
    - = 1 W/C/ m<sup>2</sup> enclosure
    - = 1/2 W/C/ m<sup>2</sup> floor area

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### Large Buildings

Many buildings with large cores require cooling in winter while heating the perimeter



### Core / Perimeter




- Perimeter Zone
  - performance dominated by climate and enclosure
- Core Zone
  - dominated by interior use. Climate/enclosure almost irrelevant
- In most occupancies, core needs **cooling and lighting all year long, all day**

### Define “perimeter”

- Maximum distance about 25 ft/ 7.5 m
  - Classrooms often 25-30 ft, open plan office
- Minimum often set by walls/partitions of exterior offices
  - Cellular offices often 15 ft/ 4.5m deep

### Skin Dominated Building



- “Skin-dominated”: Perimeter Zone over most of floor area
- Excellent daylighting and cross ventilation opportunities
- Best massing for many commercial buildings
- ***Demands good building enclosure because of increased enclosure area***



Skin dominated

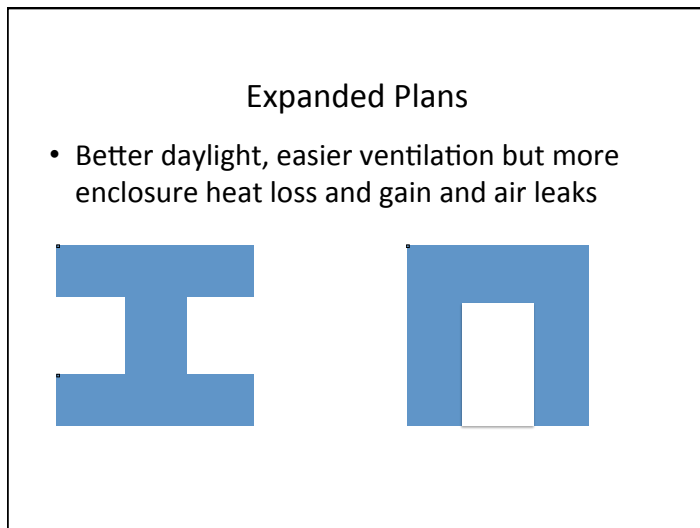


Building Shape

- Alphabet Soup  
– H I A B E

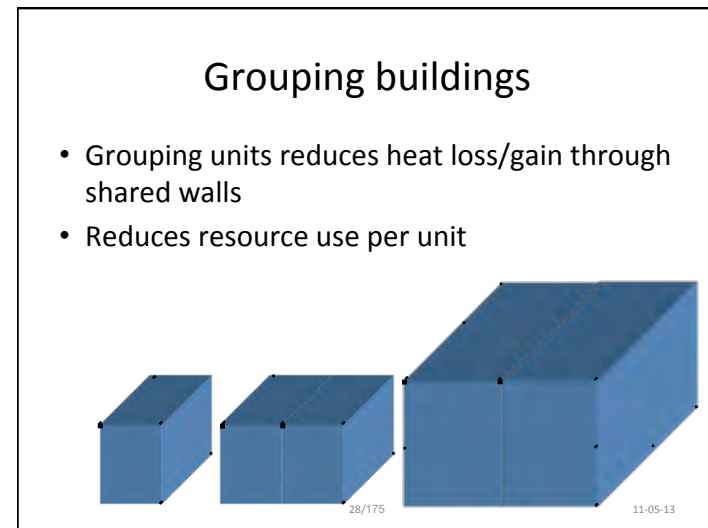
Usually skin dominated

Daylight access, view  
Cross Ventilation



Expanded Plans

- Better daylight, easier ventilation but more enclosure heat loss and gain and air leaks



Grouping buildings

- Grouping units reduces heat loss/gain through shared walls
- Reduces resource use per unit

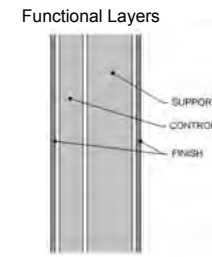
## Enclosure Intro Summary

- Enclosure often defines the H/C load
  - Architecture defines massing, orientation, enclosure
- Enclosure **more critical** for skin-dominated
  - Heat flow, Solar control, air tightness
- Lighting, ventilation critical for deep plan

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## Basic Functions of the Enclosure

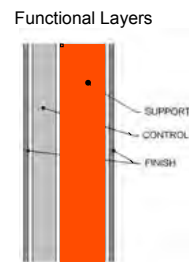
- 1. Support
  - Resist and transfer physical forces from inside and out
- 2. Control
  - Control mass and energy flows
- 3. Finish
  - Interior and exterior surfaces for people
- Distribution – a building function



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## Basic Enclosure Functions

- **Support**
  - Resist & transfer physical forces from inside and out
    - Lateral (wind, earthquake)
    - Gravity (snow, dead, use)
    - Rheological (shrink, swell)
    - Impact, wear, abrasion
- **Control**
  - Control mass and energy flows
- **Finish**
  - Interior and exterior surfaces for people

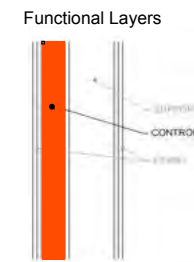


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Enclosures No. 31 /

## Basic Enclosure Functions

- **Support**
  - Resist & transfer physical forces from inside and out
- **Control**
  - Control mass and energy flows
    - Rain (and soil moisture)
      - Drainage plane, capillary break, etc.
    - Air
      - Continuous air barrier
    - Heat
      - Continuous layer of insulation
    - Vapor
      - Balance of wetting/drying
- **Finish**
  - Interior and exterior surfaces for people



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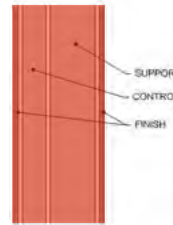
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## Other Control . . .

- Support
- **Control**
  - Fire
    - Penetration
    - Propagation
  - Sound
    - Penetration
    - Reflection
  - Light
    - Diffuse/glare
    - View
- Finish

Functional Layers



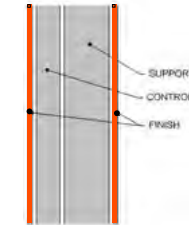
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Enclosures No. 33 /

## Basic Enclosure Functions

- Support
  - Resist & transfer physical forces from inside and out
- Control
  - Control mass and energy flows
- **Finish**
  - Interior & exterior surfaces for people
    - Color, speculance
    - Pattern, texture

Functional Layers



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## History of Control Functions

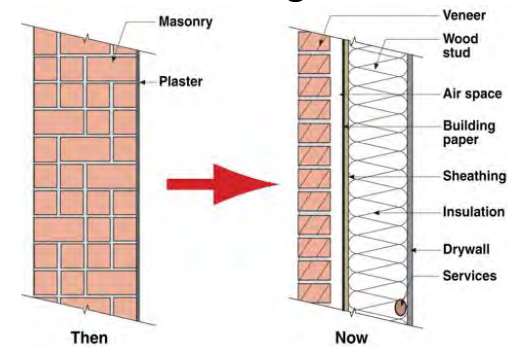
- Older Buildings
  - One layer does everything
- Newer Building
  - Separate layers, . . . separate functions



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## Changes

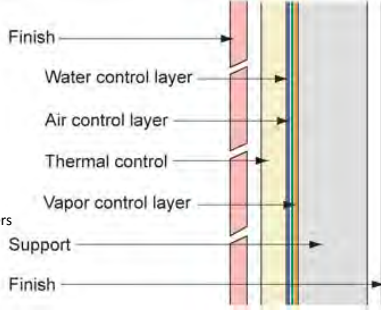


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### The “Perfect Wall”

- Finish of whatever
- Control continuity
  - Rain control layer
    - Perfect barrier
    - Drained with gap
    - Storage
  - Air control layer
    - Air barrier
  - Thermal control layer
    - Aka insulation, radiant barriers
  - Vapor control layer
    - Retarders, barriers, etc
- Structure: anything that works



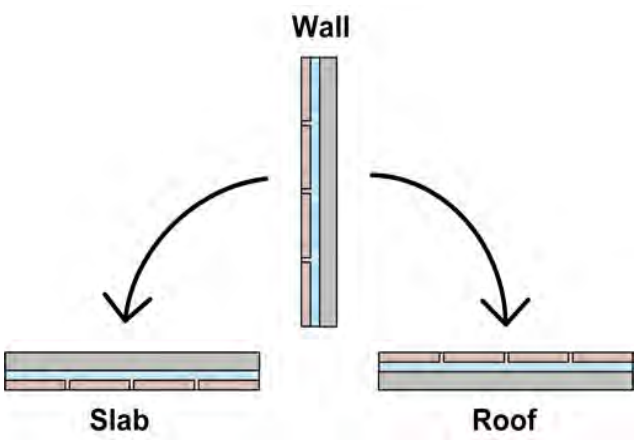
Fire Control may be needed  
Sound Control optional

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### What is a High-performance enclosure?

- One which provides high levels of control
- Poor continuity limits performance
- Poor continuity causes most problems too:
  - E.g. air leakage condensation
  - Rain leakage
  - Surface condensation
  - Cold windows
- This course: continuity + high levels


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**Wall**

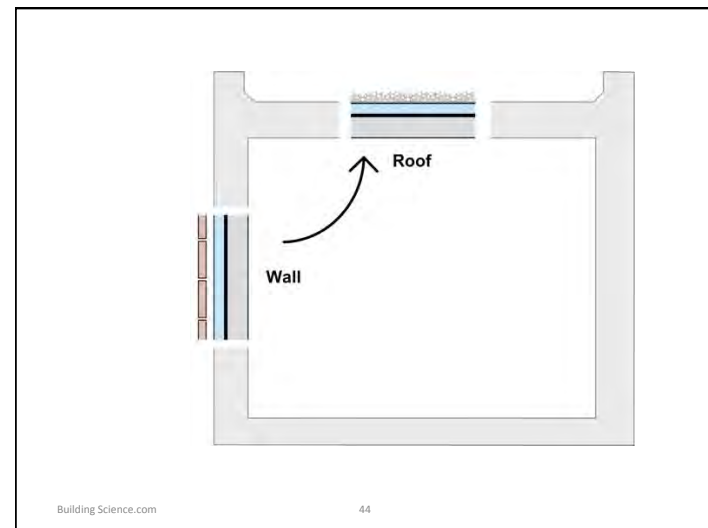
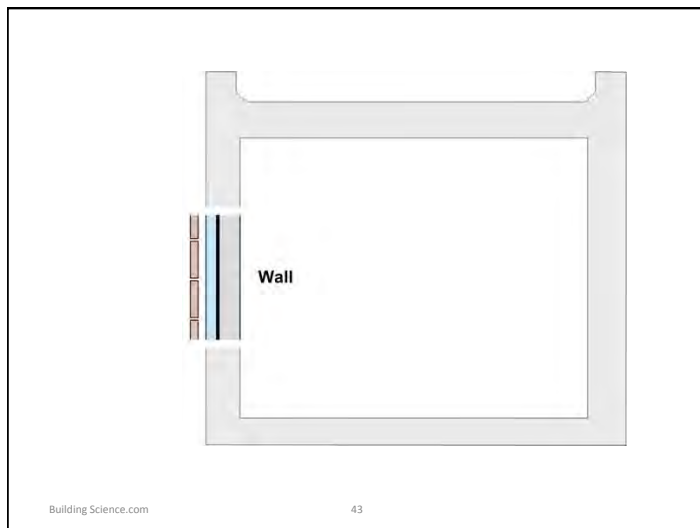
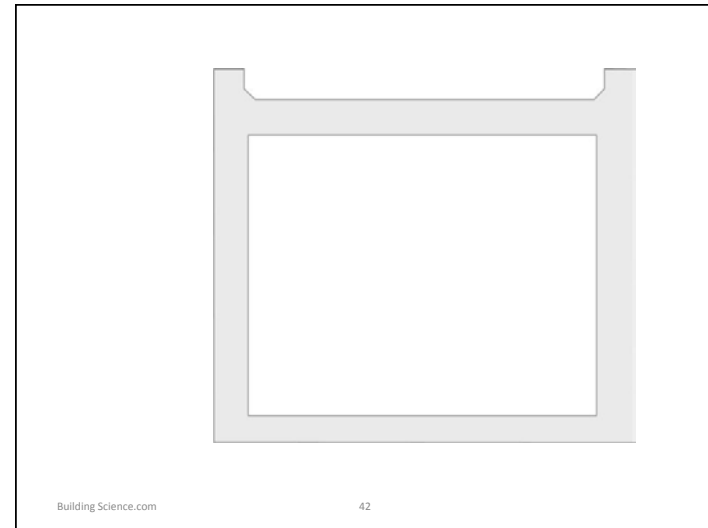
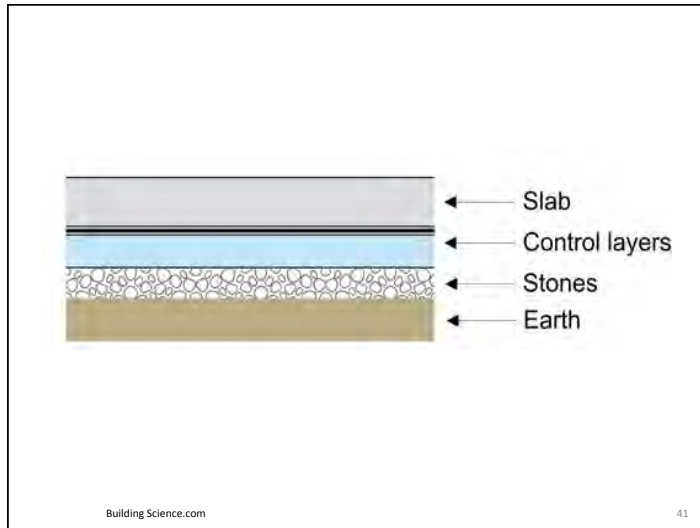
**Slab**      **Roof**

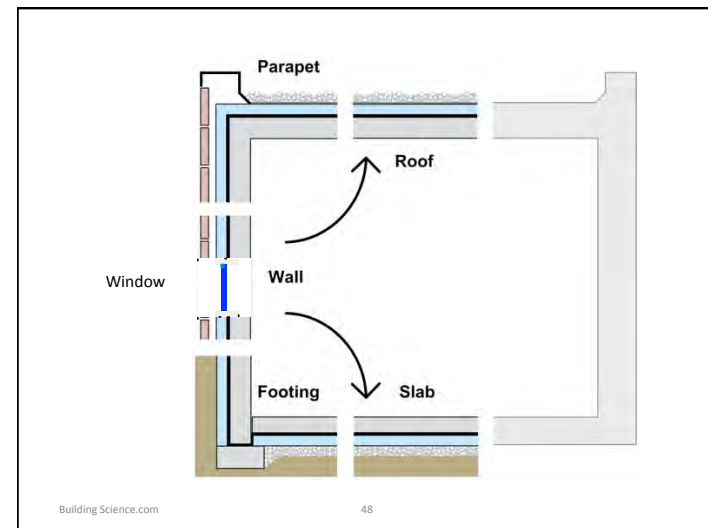
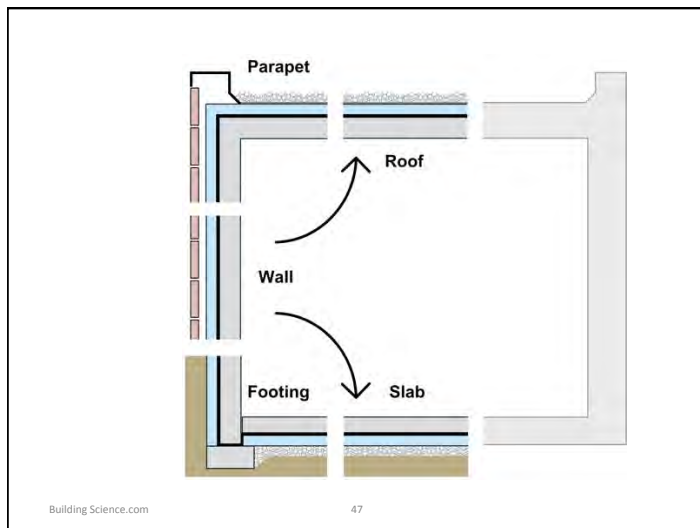
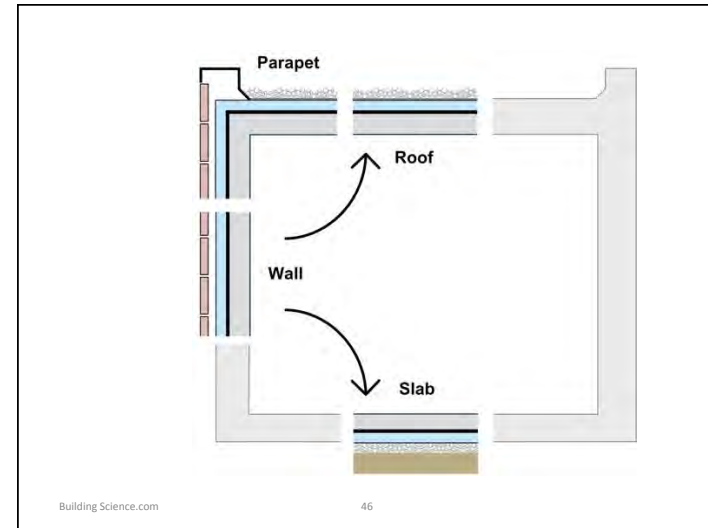
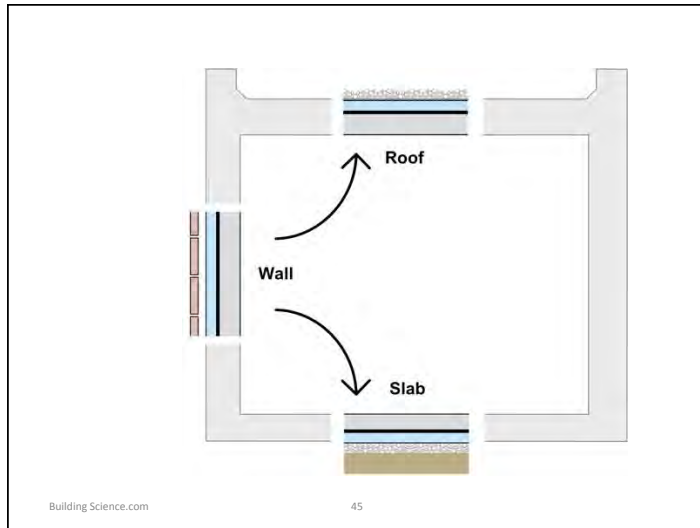
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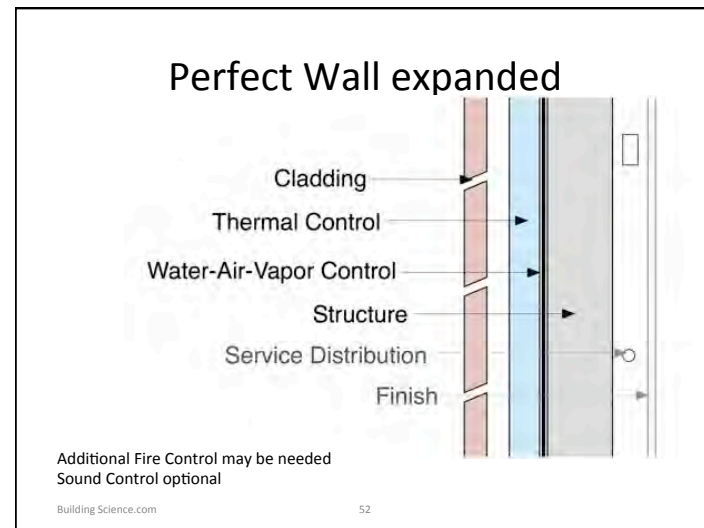
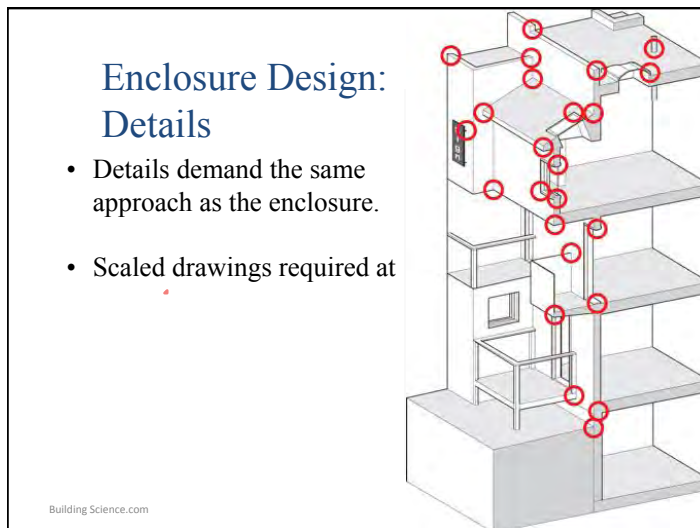
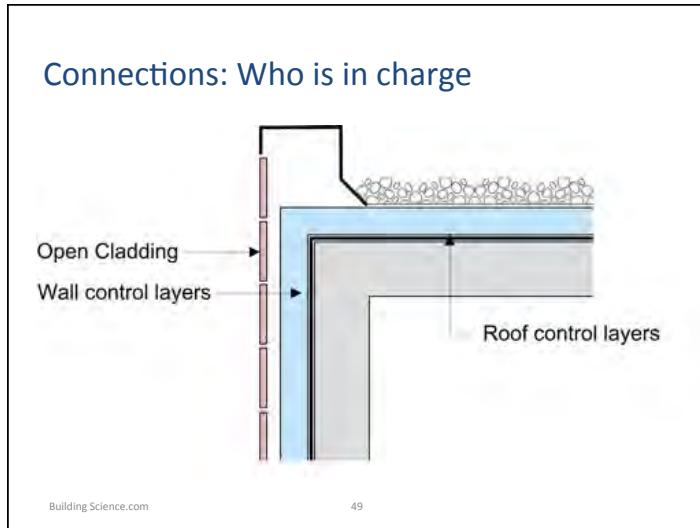


Ballast  
 Filter fabric  
 Control layers  
 Roof structure

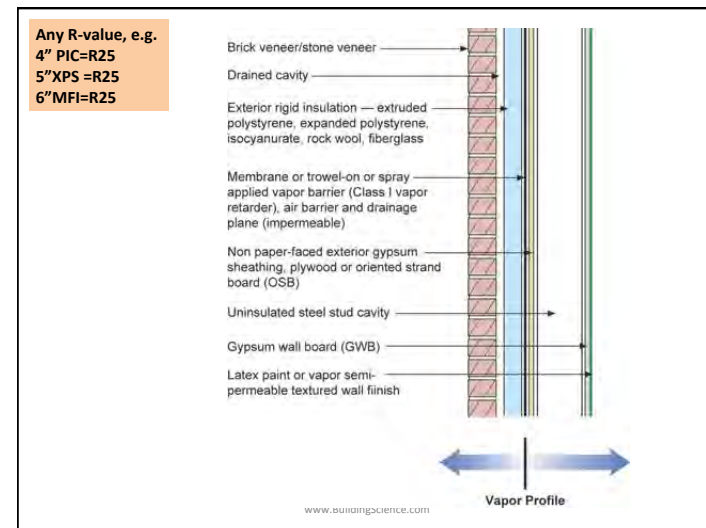
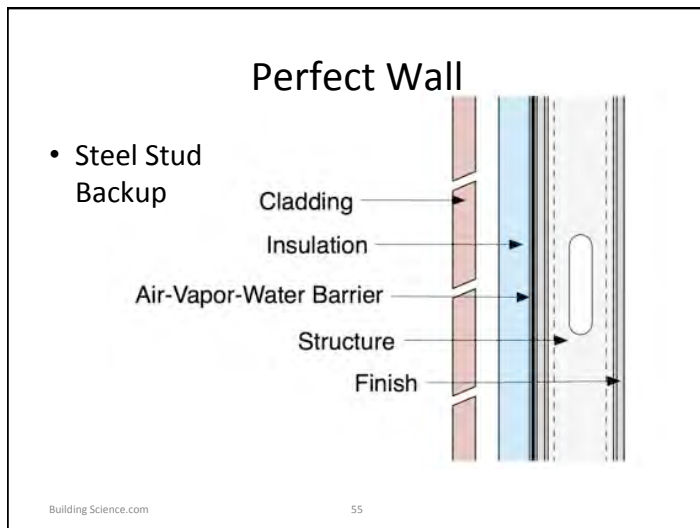
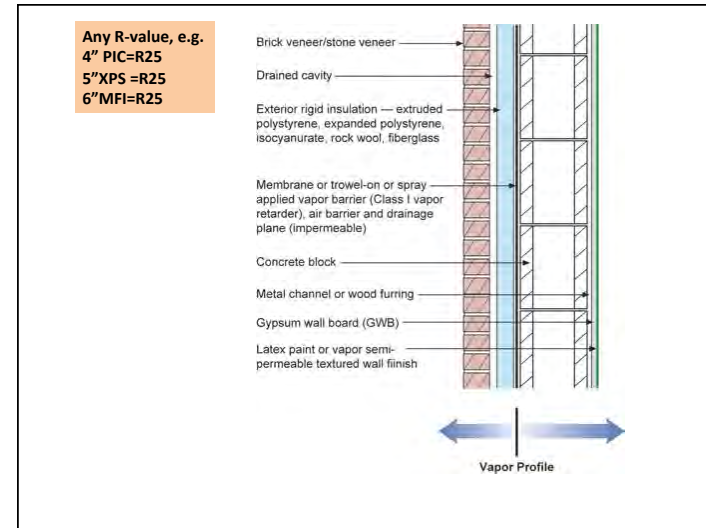
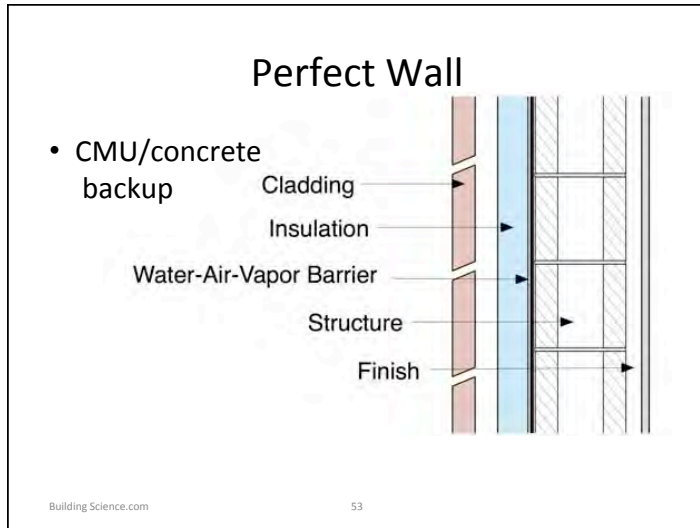
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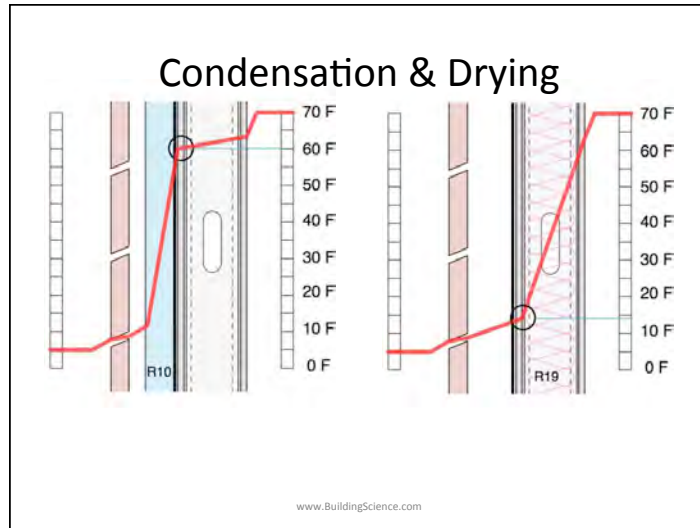












**Ratio:** Exterior R-value / Studbay R-value controls risk of condensation

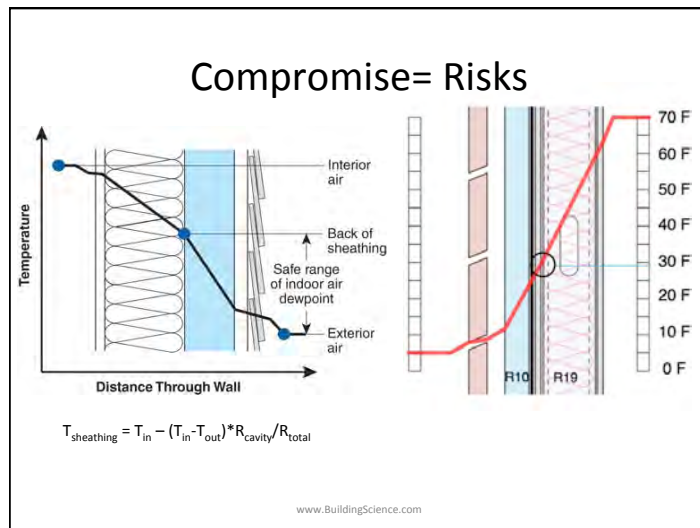
**Compromise**

- Brick veneer/stone veneer
- Drained cavity
- Exterior rigid insulation — extruded polystyrene, expanded polystyrene, isocyanurate, rock wool, fiberglass
- Membrane or trowel-on or spray applied water, air and vapor control layer
- Non paper-faced exterior gypsum sheathing, plywood or oriented strand board (OSB)
- Insulated wood stud cavity
- Cavity insulation (unfaced fiberglass batts, spray-applied cellulose or spray-applied low density foam)
- Gypsum board
- Latex paint or vapor semi-permeable textured wall finish

**Steel studs compromise the thermal performance. Wood studs, not so much**

Any R-value, e.g.  
 6" wood stud+  
 2" PIC= R30  
 3"XPS= R32  
 4"SPF= R40

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### Specifics

- Now we will look at
  - Rain Control
  - Air Flow Control
  - Thermal Control
- In some detail

} Energy & Comfort } Durability, Health

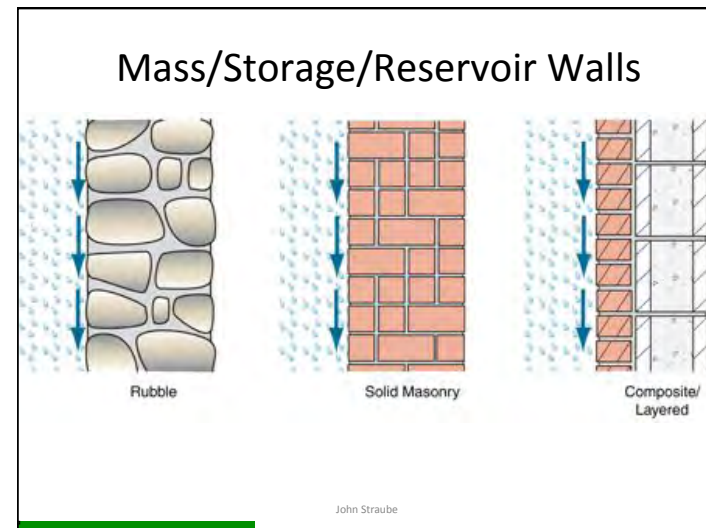
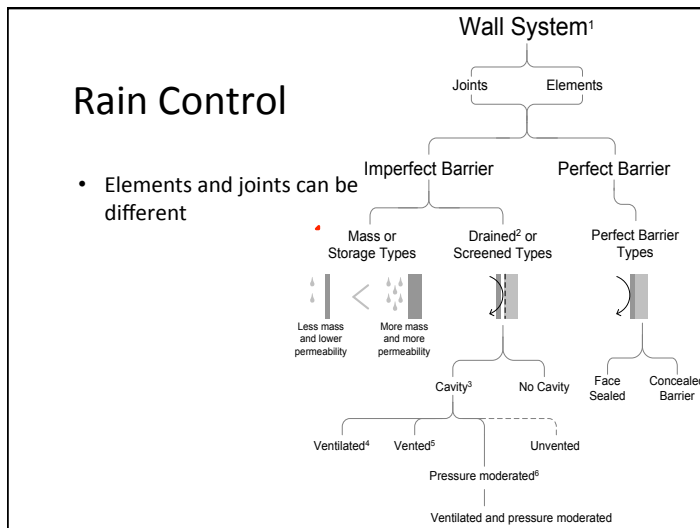
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## Rain Control

- Next to structure, the most important, fundamental requirement
- Source of many serious building problems
- Major impact on durability
- Low-energy buildings & rain
  - Different enclosure assemblies
  - Reduced drying ability

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No building paper, flashing, weepholes

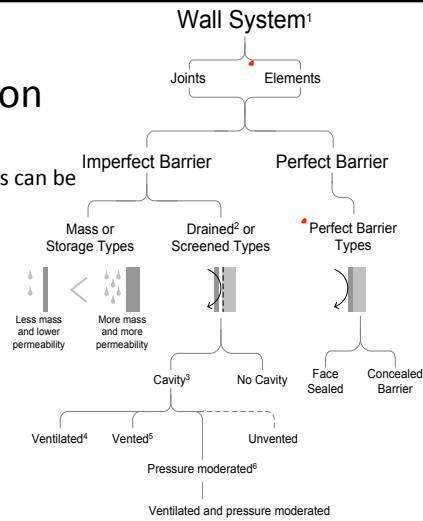


Surface features such as Overhangs, Drips, etc are important for mass walls

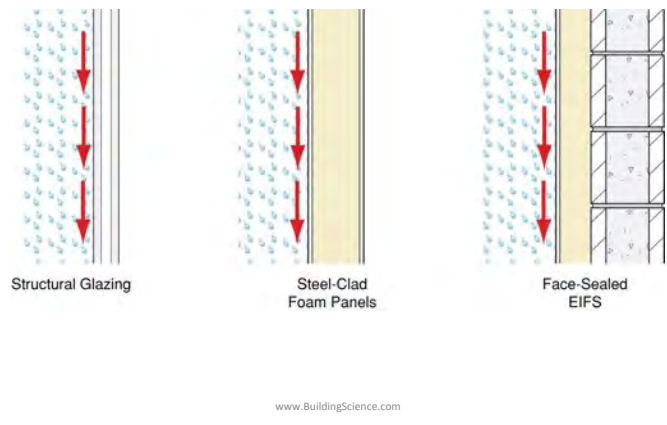


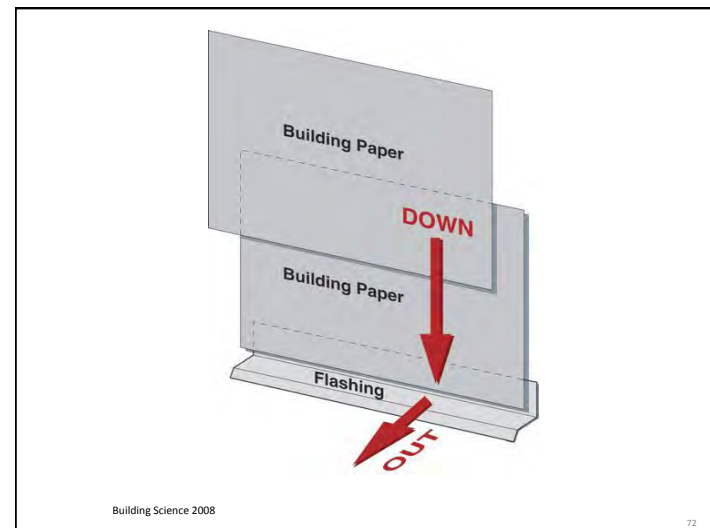
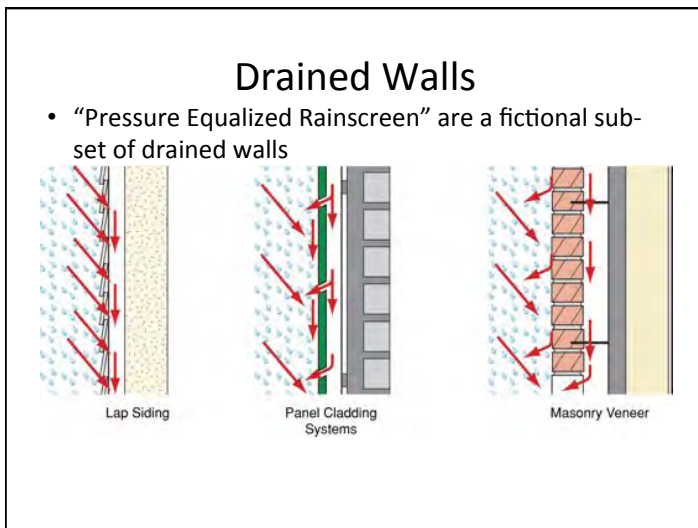
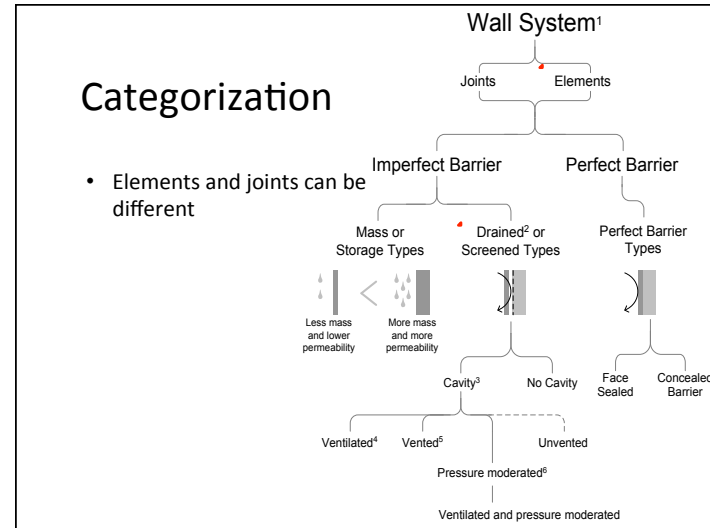
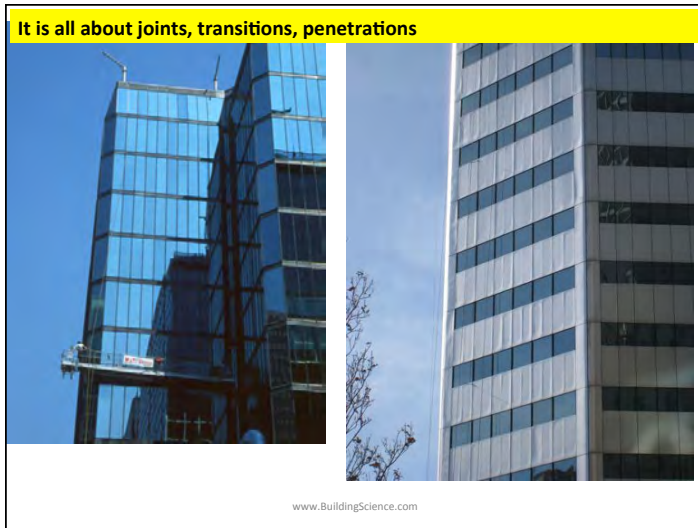
### Categorization

- Elements and joints can be different

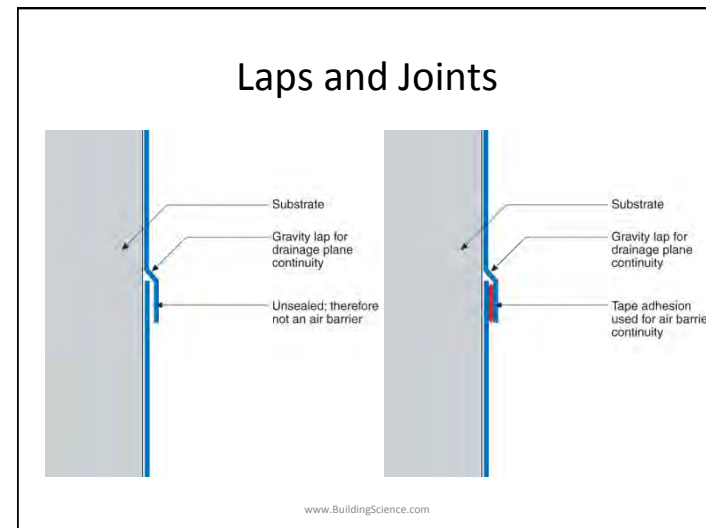
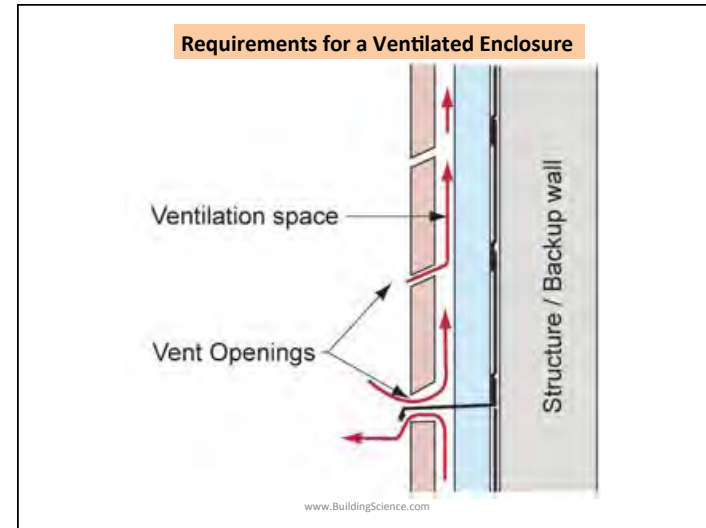
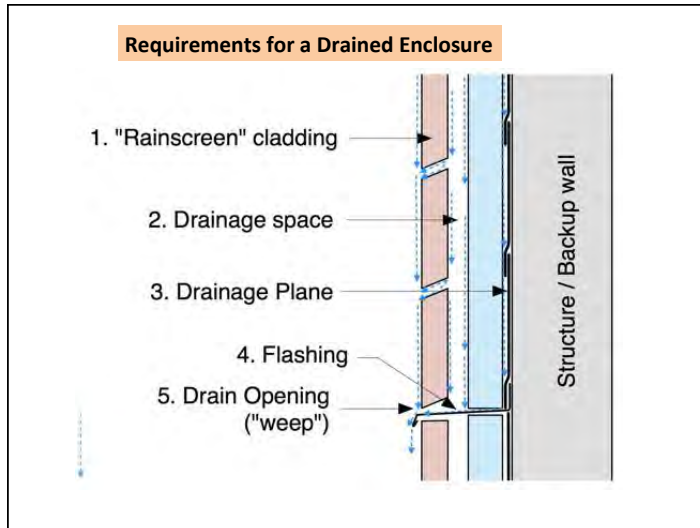


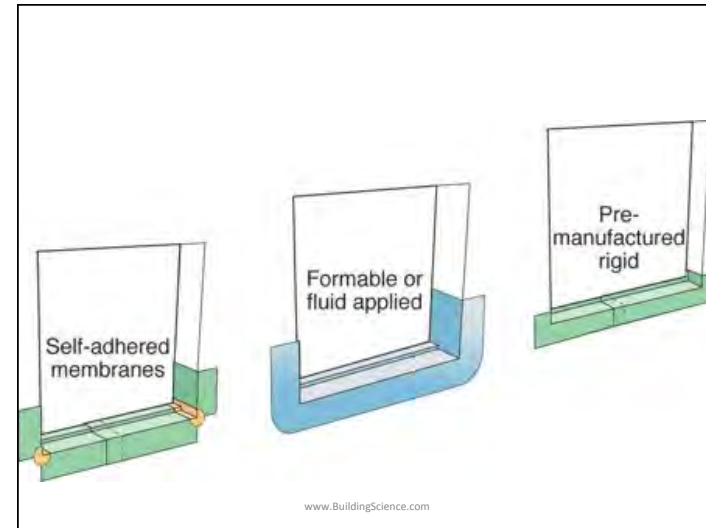
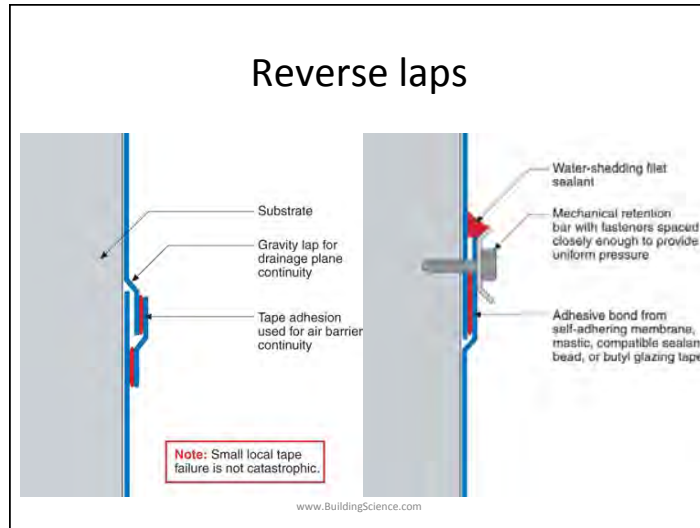
### Perfect Barrier / Face Sealed











### Air-Water-Vapor

- Often thin layers
- *Can be*
  1. Water control (vapor permeable, not airtight), **or**
  2. Air & water control (vapor permeable), **or**
  3. Air, water & vapor (vapor impermeable).
- Examples
  - Building paper, untaped housewrap, sealed and supported housewrap, fluid applied, peel and stick

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### Air-Water Control Layers



Sloped and complex surfaces demand very high performance. LAPPING very Important

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### Mixed membrane + fluid-applied

Often use membranes for transitions

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### Spray/Trowel Applied Air/water

- Semi-permeable




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### Closed-cell spray polyurethane foam: ccSPF

- Rain control
- Air Control
- Thermal Control
- Vapor Control



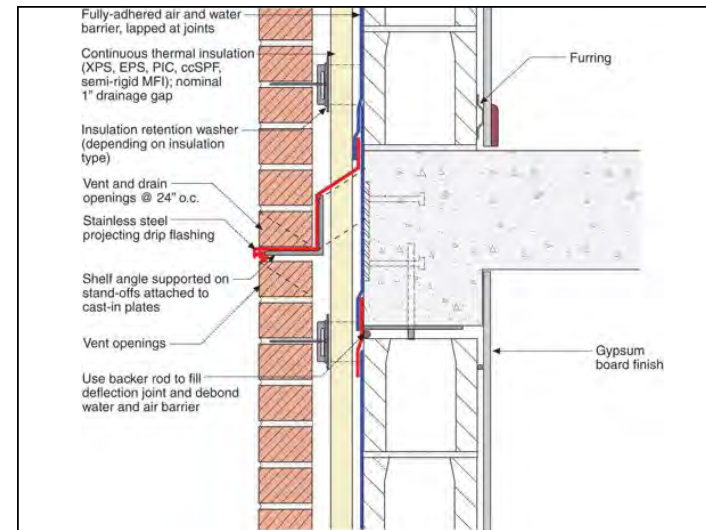
### Continuity is key!

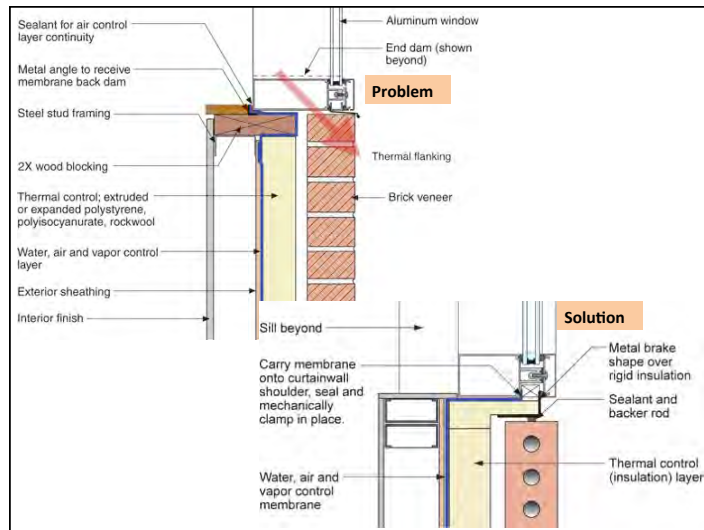
- Must ensure no rain leaks
- Airflow control should be as continuous as practical
- Thermal control
  - We live with penetrations
  - Minimize steel and concrete to small local
- Vapor control
  - Not that important to ensure continuity

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# Air Flow Control

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## Air Barrier Systems

- Need an excellent air barrier in all buildings
  - Comfort & health
  - Moisture / condensation
  - Energy
  - Sound, fire, etc.
- Can't make it too tight.
- Multiple air barriers improve redundancy

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## Air moves more vapor than diffusion!

Wall 1	Wall 2	Wall 3
• Vapor diffusion only • Class II vapor control	• Vapor diffusion only • Class III vapor control	• Air leakage only • Class I vapor control
48 grams / month = 3 tablespoons	538 grams / month = 2.4 cups	22,200 grams / month = 98 cups

**Diffusion is rarely a big deal  
Air leakage almost always is!**

Calculations for a single stud bay, 8 ft tall, 16" wide  
www.BuildingScience.com

## Air leakage

- Hard to save energy with the door open
- Buildings getting tighter, but . . .
  - Many still leak way too much
  - We can't identify the leakers
  - Need to test! Commission!
- Ventilation: Many try to improve air quality by increasing quantity
  - Target good air when and where needed

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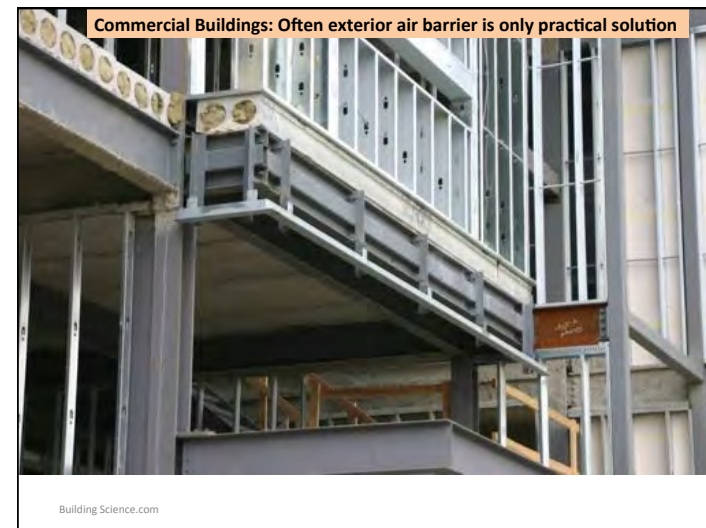
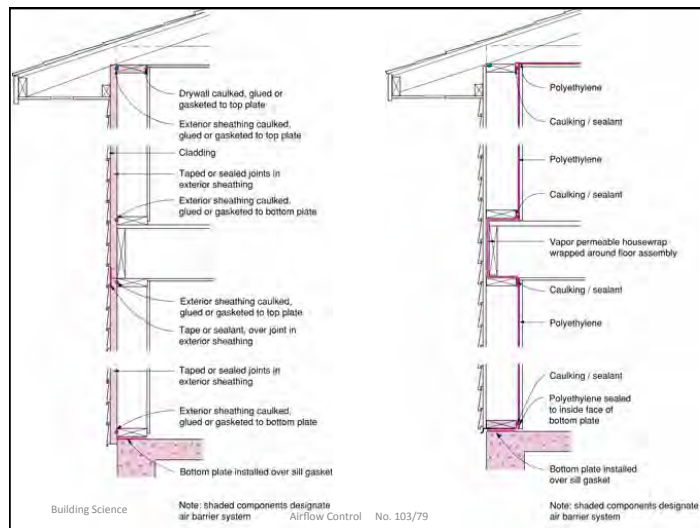
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## Air Barriers and Energy

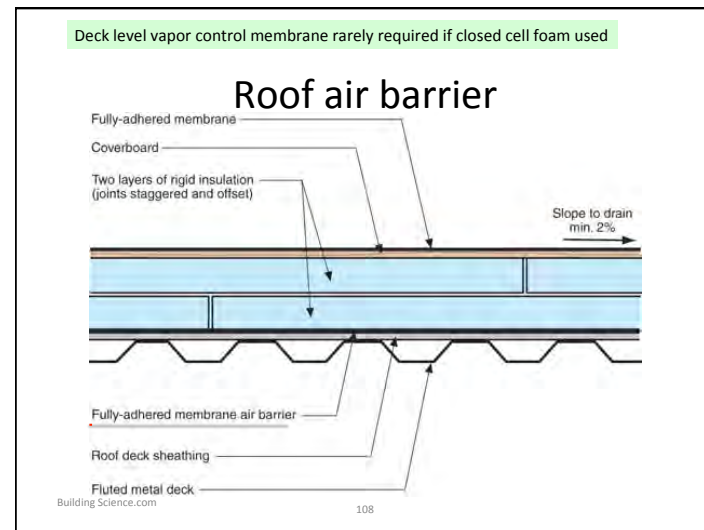
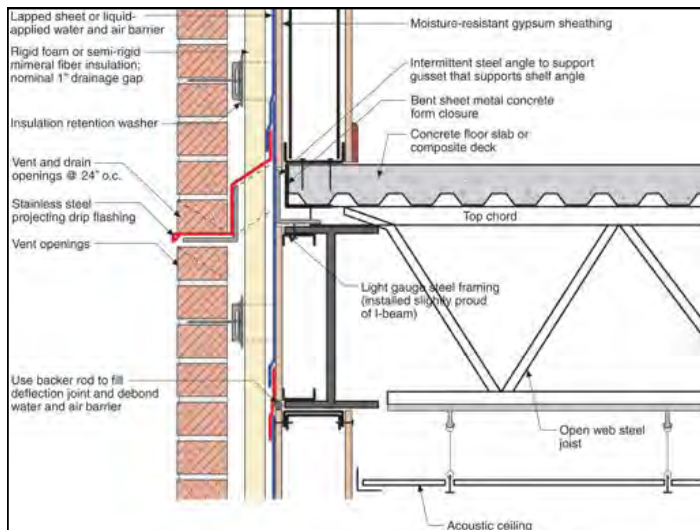
- Requirements
  - **Continuous (most important)**
  - **Strong**
  - **Stiff,**
  - **Durable,**
  - **Air Impermeable (least important)**
- Easily 1/3 of total heat loss is due to air leakage in well-insulated building

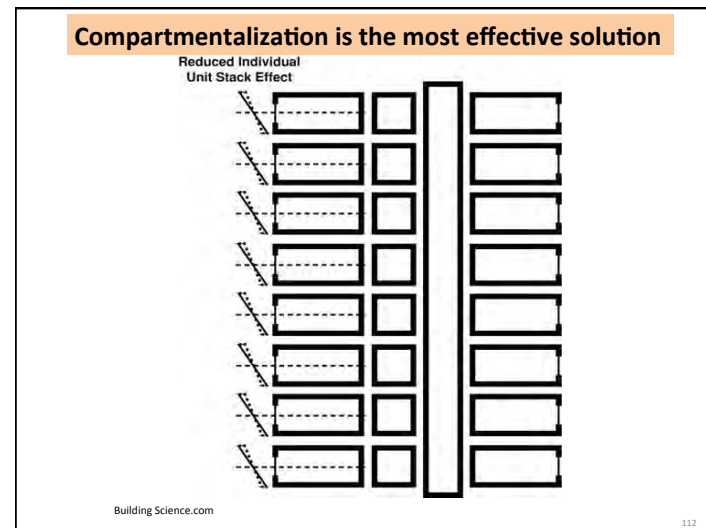
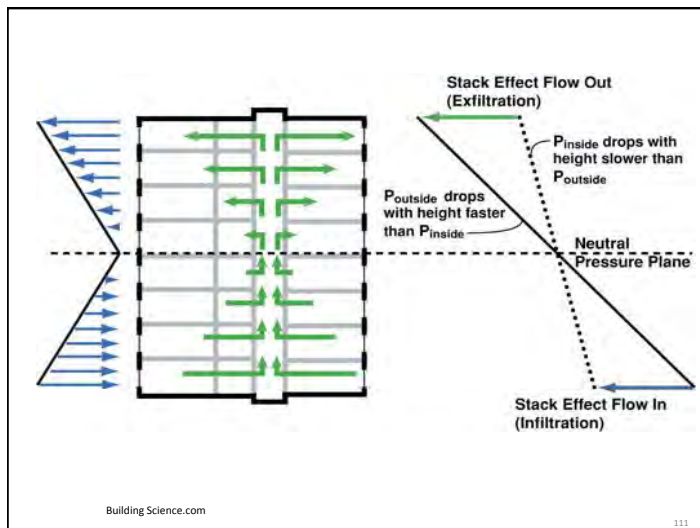
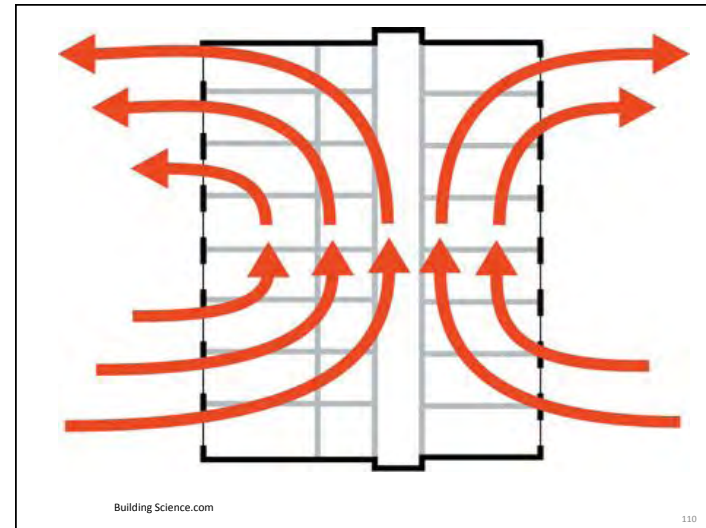
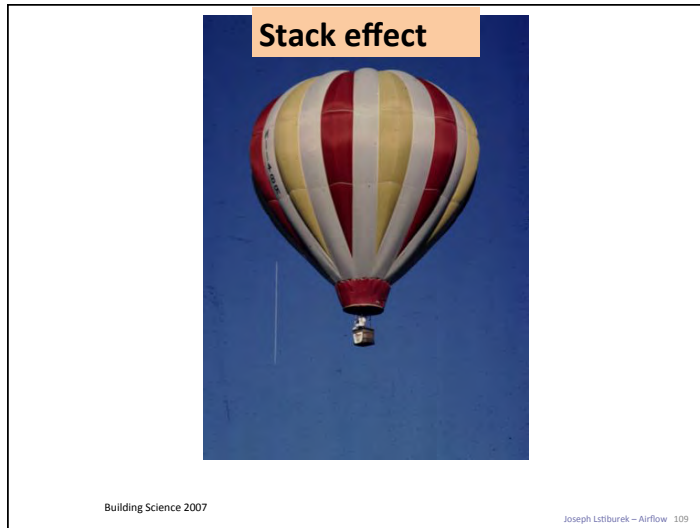
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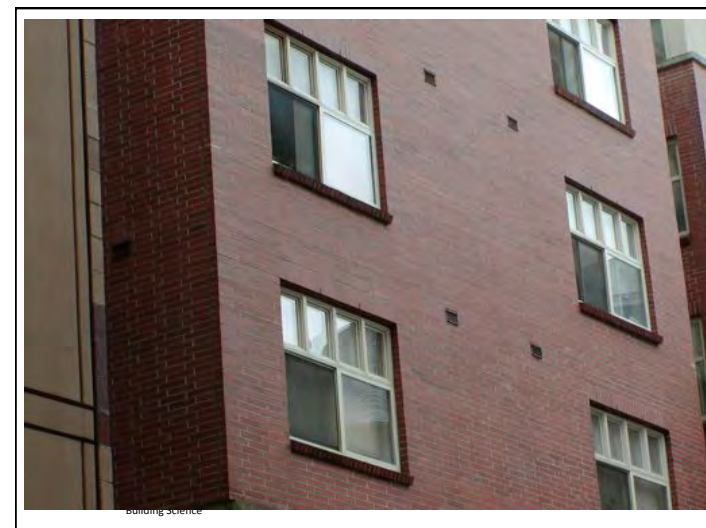
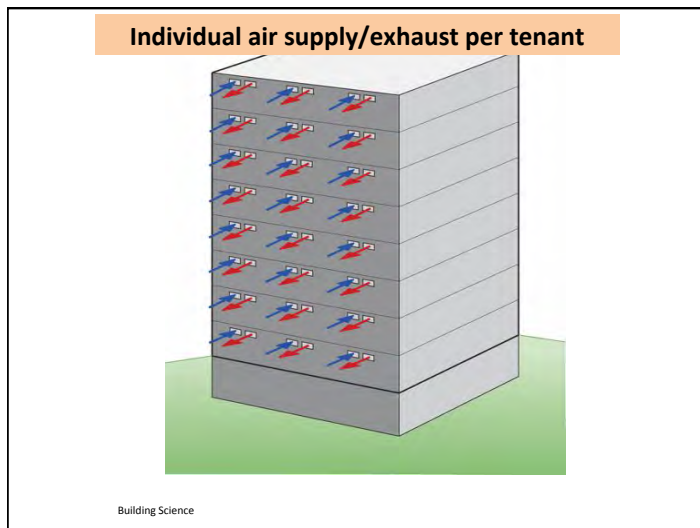
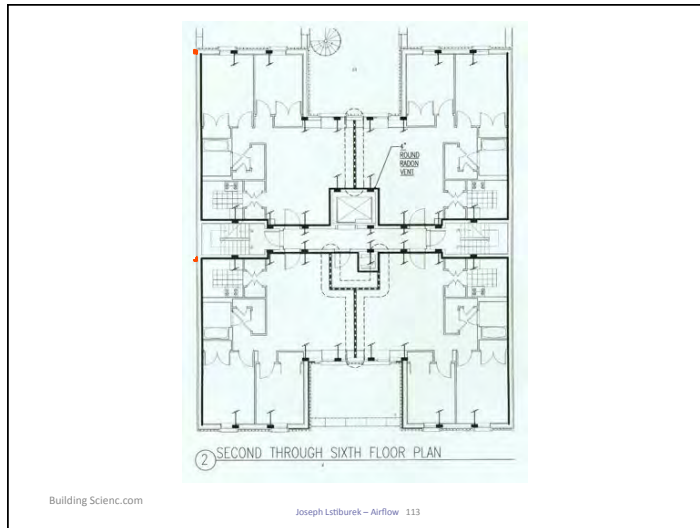














## Thermal Control

- Insulation
  - Slows heat flow in and out
- Windows
  - Slow heat flow in and out
  - Control solar gain : allow or reject?
- “cool” roofs
  - Reduce solar gain
- Radiant barriers

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## Thermal Insulation

Insulation	R-value/inch	k (W/mK)
Empty airspace 0.75"-1.5" (20-40 mm)	R2.0 - 2.75	0.36 -0.50 W/m²K
Empty airspace 3.5"-5.5" (90-140 mm)	R2.75	0.50 W/m²K
Batt (mineral fiber)	3.5-3.8	0.034 - 0.042
Extruded polystyrene (XPS)	5.0	0.029
Polyisocyanurate (PIC)	6.0-6.5	0.022 - 0.024
Expanded polystyrene (EPS)	3.6-4.2	0.034 - 0.040
Semi-rigid mineral fiber (MFI)	3.6-4.2	0.034 - 0.040
Spray fiberglass	3.7-4.0	0.034 - 0.038
Closed-cell spray foam (2 pcf) ccSPF	5.8-6.6	0.022 - 0.025
Open-cell spray foam (0.5 pcf) ocSPF	3.6	0.040
Aerogel	8-12	0.012-0.018
Vacuum Insulated Panels (VIP)	20-35	0.004-0.008

## How much Insulation

- Heat Flow =  $\frac{\text{Area} * (T_{\text{inside}} - T_{\text{outside}})}{\text{R-value}}$
- Double R-value, halve heat flow. Always.
- Optimum depends on
  - Cost of energy over life of building
  - Cost of adding more insulation
  - Savings in mechanical equipment, controls

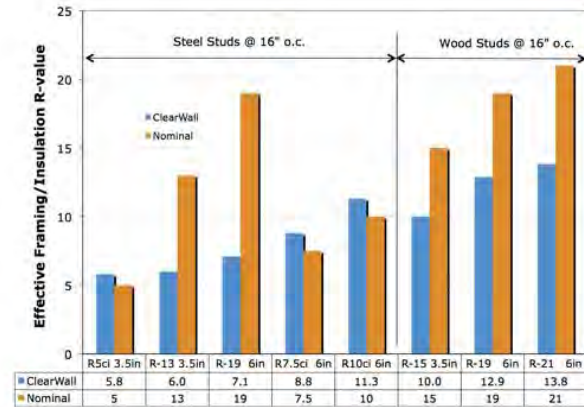
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## Thermal Continuity

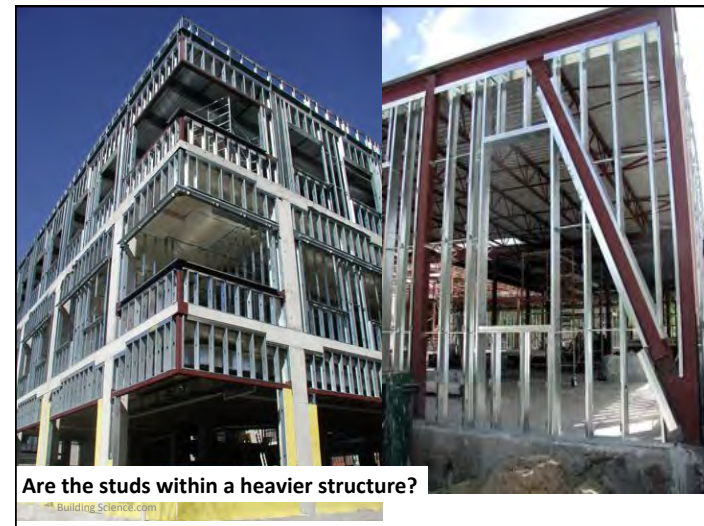
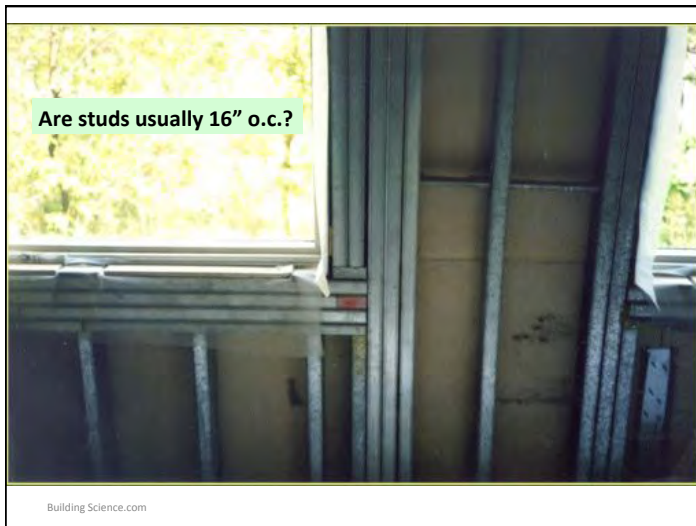
- Some short circuiting is normally tolerated.
- High-performance walls tolerate few
- Major offenders / weak spots
  - Penetrating slabs (<R1)
  - Steel studs (<R1)
  - Windows (R2-R3)
- Area and low R matter to overall significance

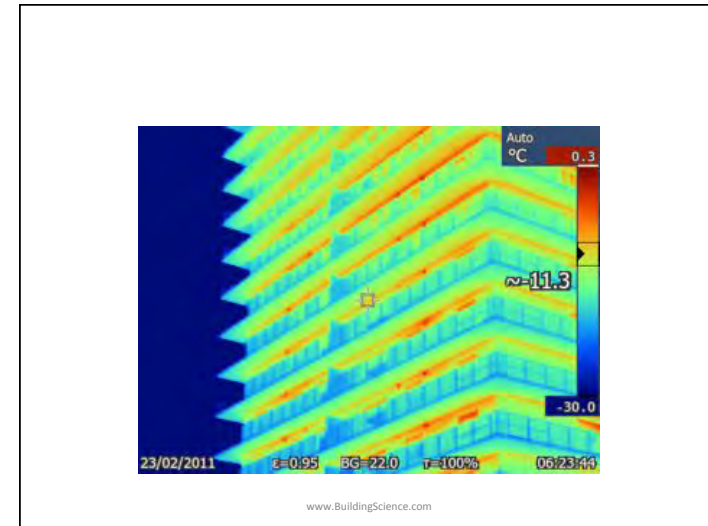
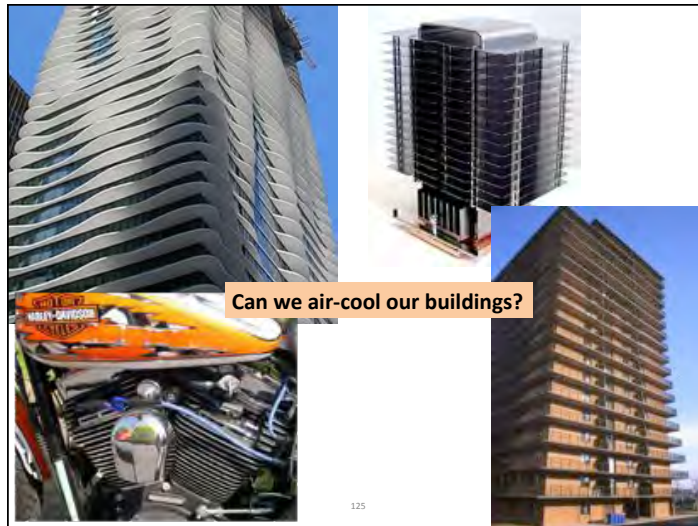
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## Best-case R-values for stud walls



Source: ASHRAE 90.1-2007, Table A9.2B. ci denotes a layer of continuous insulation with no framing penetrations





## Thermal Bridge Examples

- Balconies, etc
- Exposed slab edges

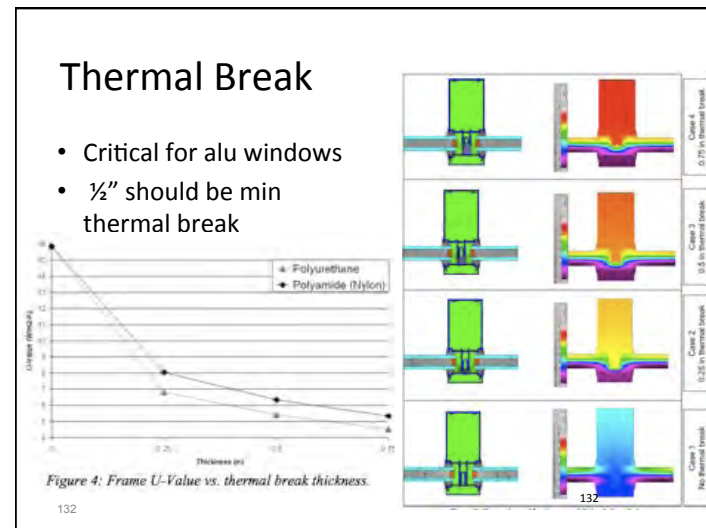
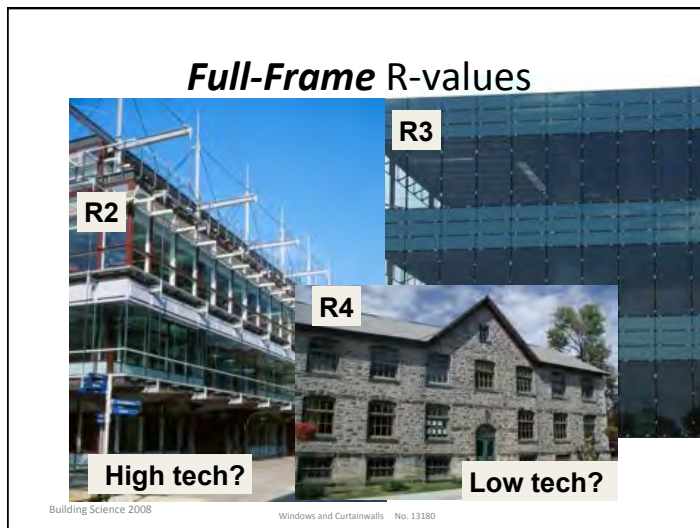
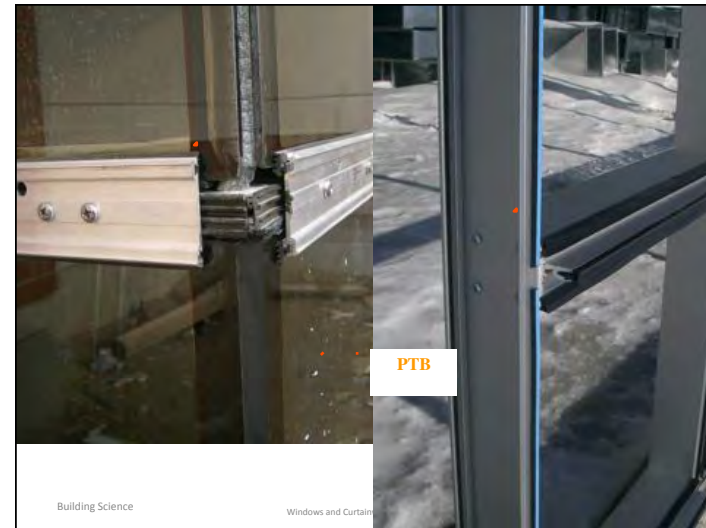
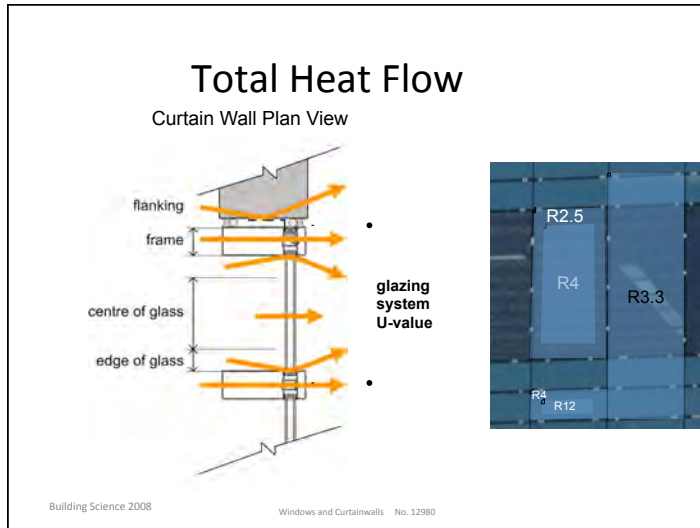


## Windows

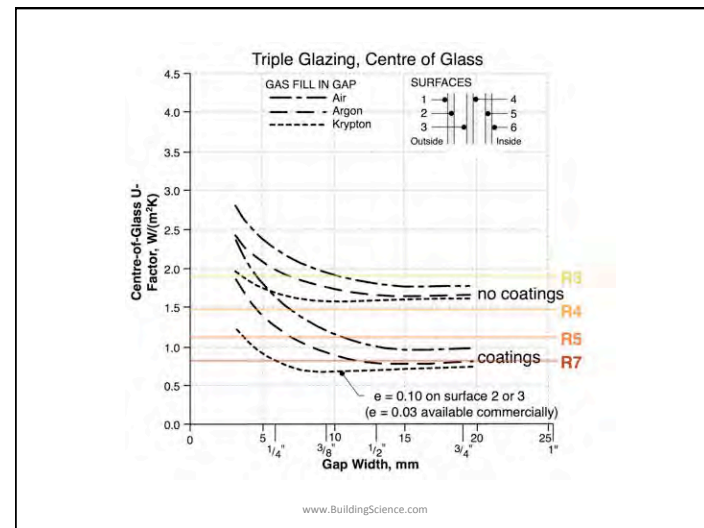
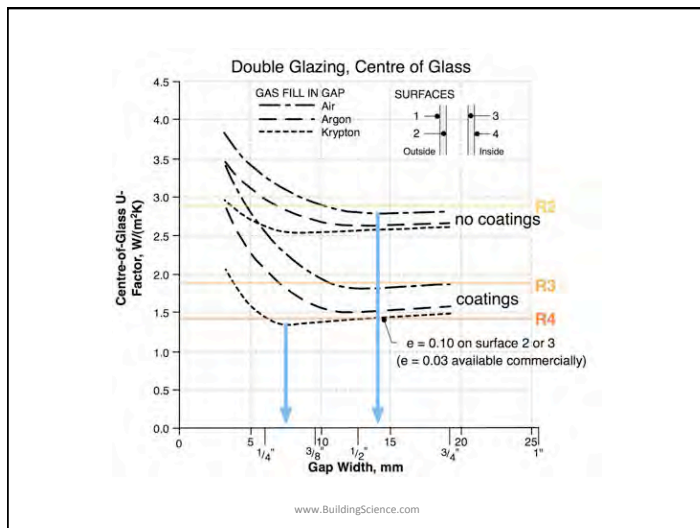
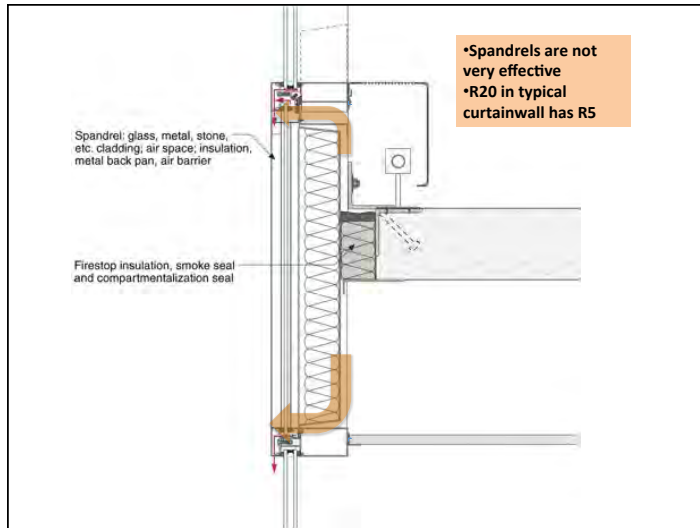
- Our most expensive thermal bridges
- Aluminum is 4-5 times as conductive as aluminum
- Difficult to buy commercial aluminum windows / curtainwall over R3.
- Allow solar heat in
  - Useful in cold weather
  - Requires cooling in summer

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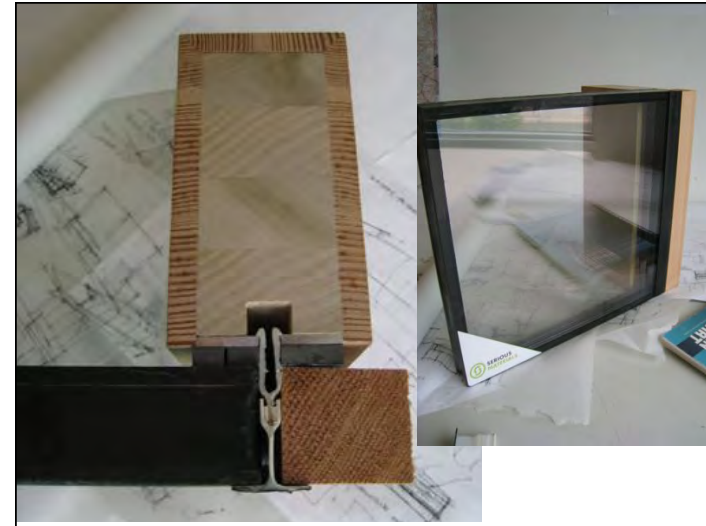




Industry Leading Performance	Center of Glass (COG) Performance*				AlpenGlass™	
	U-Value	R-Value	SHGC	VT	Glazing	Fill
	0.05	20.00	0.29	0.44	Dual Pane, Triple Low Solar Heat Coefficient Film	Xenon
Premium Performance	0.07	14.29	0.24	0.43	Dual Pane, Dual Low Solar Heat Coefficient Film	Krypton
	0.11	9.09	0.51	0.65	Dual Pane, Dual High Solar Heat Coefficient Film	Krypton
High Performance	0.11	9.09	0.30	0.55	Dual Pane, Single Low Solar Heat Coefficient Film	Krypton
	0.19	5.26	0.60	0.73	Dual Pane, Single High Solar Heat Coefficient Film	Krypton

\*Performance numbers are general values based on WUFI Window 4.2 software

Courtesy of ThermoProof Windows and AlpenGlass+



### Solar Gain

- Measured by SHGC
- Solar gain useful during cold sunny weather
- But least heating is needed during daytime for commercial buildings
- Overheating discomfort is a real risk
- Must size glass Area x SHGC carefully
  - High values = air conditioning and discomfort

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### Interior or Exterior Shade

- Operable Solar Control of windows may be necessary for ultra-low energy buildings
- Exterior Shades always beat low SHGC glazing
  - But the cost capital and maintenance
- Interior shades don't work well with good windows

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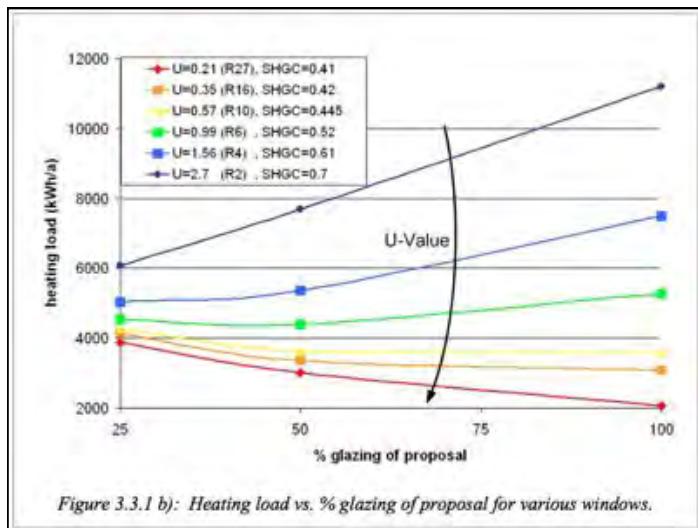
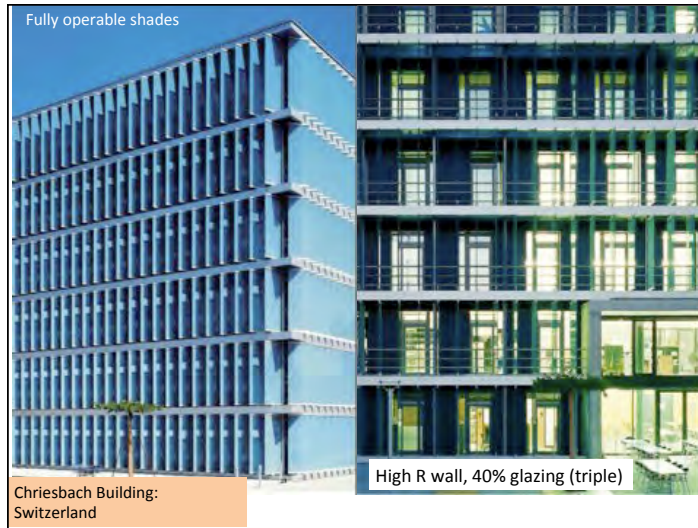


Figure 3.3.1 b): Heating load vs. % glazing of proposal for various windows.

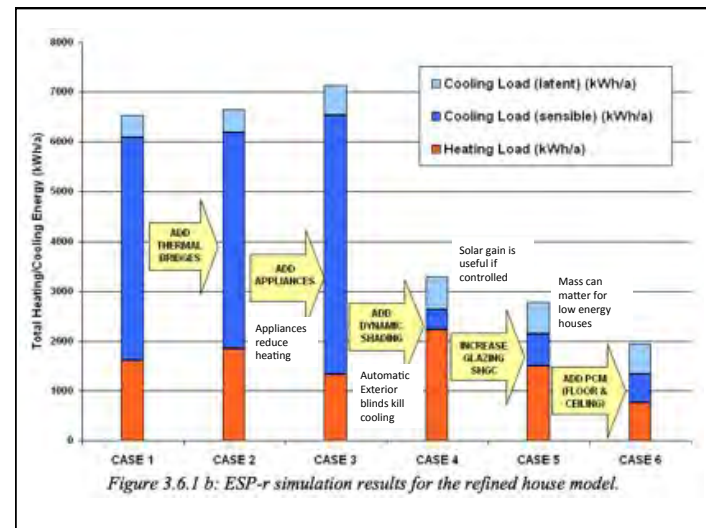
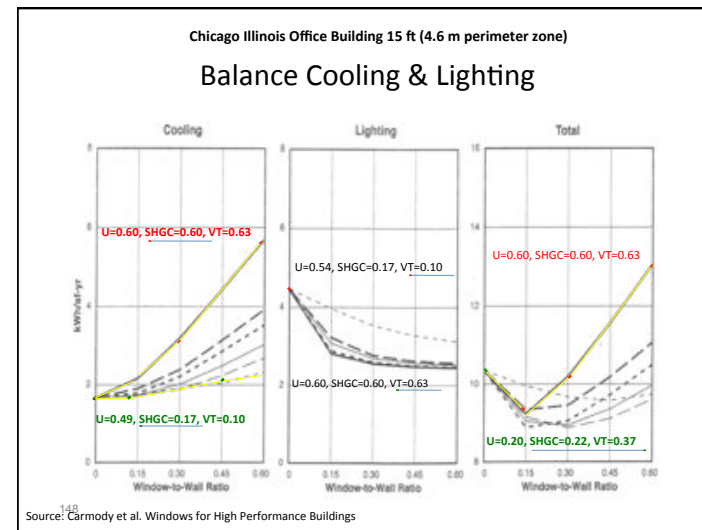
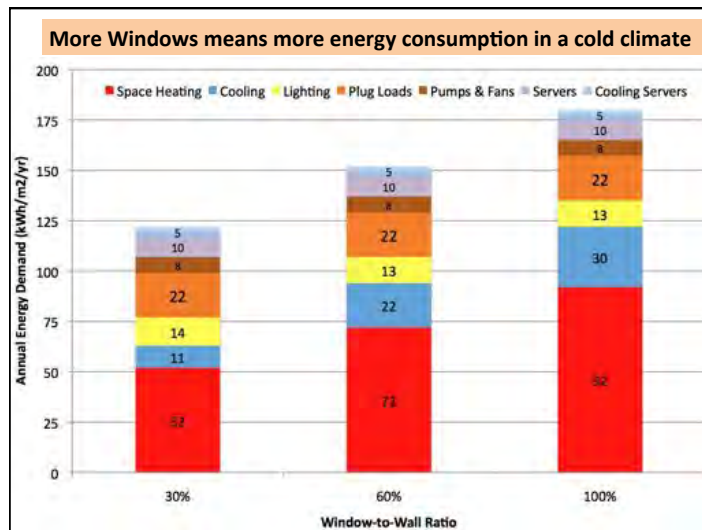
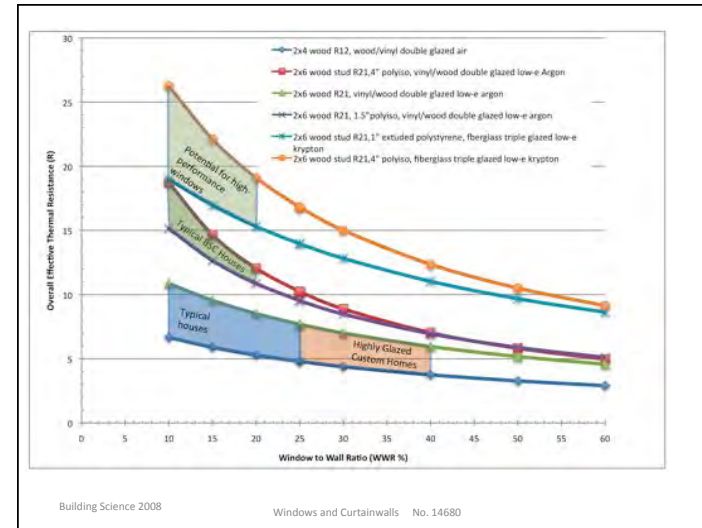
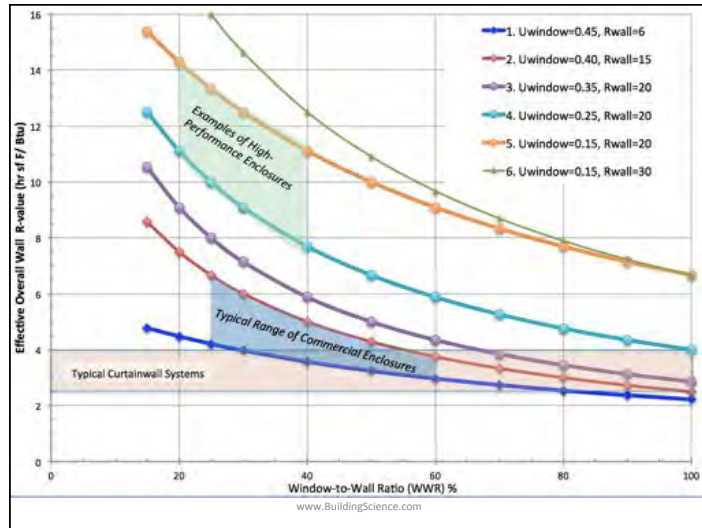


Figure 3.6.1 b): ESP-r simulation results for the refined house model.





## Summary

- Identify functional control layers
  - Rain, air, heat, vapor
- Provide continuity of control layers
  - details
- Select high levels of performance

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